






















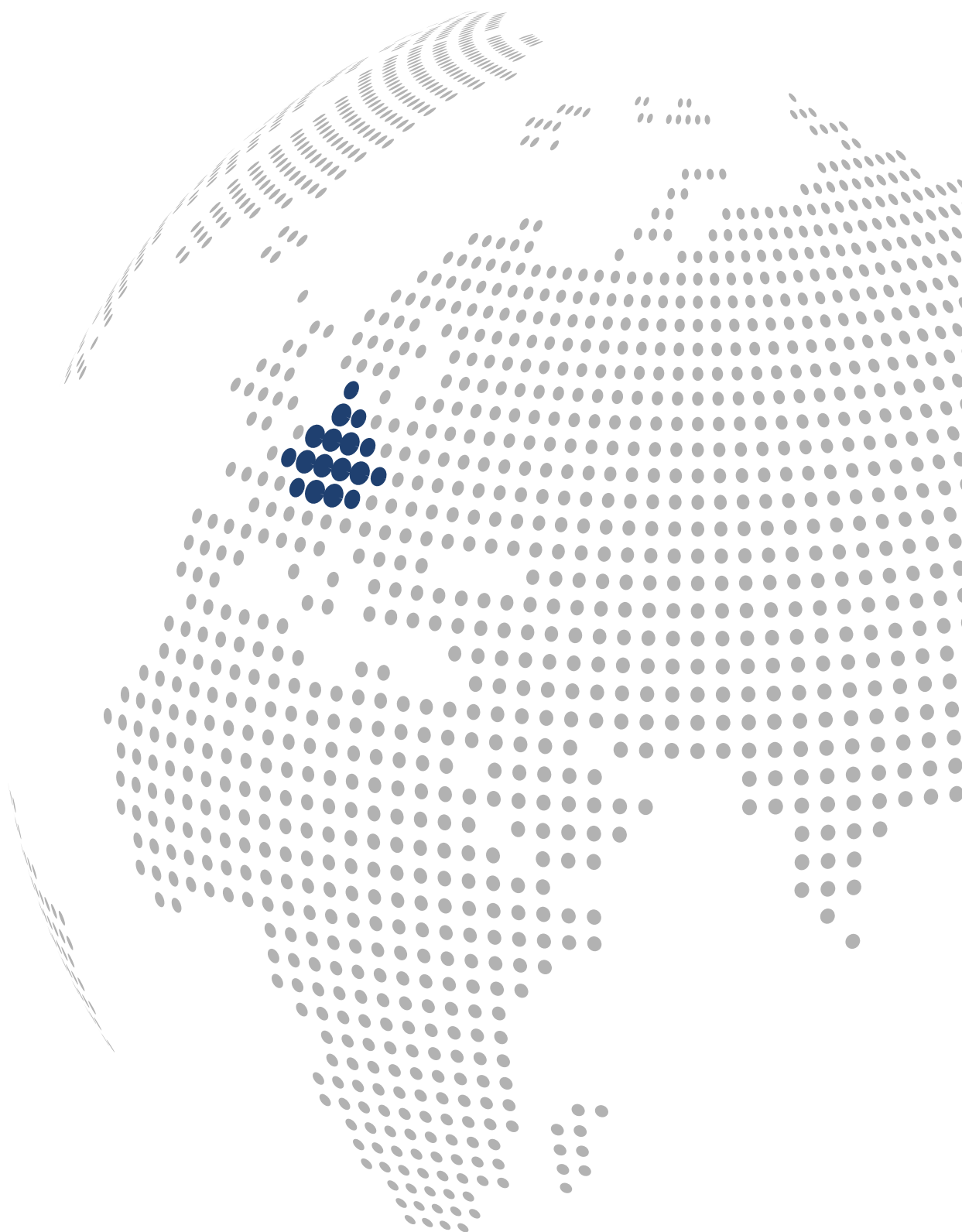
CLUBS AROUND THE WORLD MILON REFERENCE BOOK 2015





-  GERMANY
-  SOUTH KOREA
-  SWITZERLAND
-  BELGIUM / NETHERLANDS
-  UNITED KINGDOM / IRELAND
-  FRANCE
-  SWEDEN / NORWAY
-  HUNGARY
-  OMAN
-  RUSSIA
-  AUSTRALIA / NEW ZEALAND
-  AUSTRIA
-  AZERBAIJAN
-  CZECH REPUBLIC / SLOVAKIA
-  ITALY
-  KINGDOM OF SAUDI-ARABIA
-  MALTA
-  POLAND
-  UKRAINE







UDO MÜNSTER

CEO MILON INDUSTRIES GMBH

“The internationalisation of milon is a long-term process that we are constantly promoting. Our approach is not simply to be a supplier, but a reliable partner for our international representatives. There is no better **PROOF OF THE SUCCESS** of our services than our partners themselves, who are given the opportunity to have their say in this compilation of references. Read here how **FACILITIES AROUND THE WORLD USE MILON**’s customised systems and what experiences they have had with them.”



RALF TRIERWALDER, CLUB MANAGER:

“I became aware of milon in 2008 during a club tour. My facility at that time had reached its limits: with 2,300 members, it had reached its maximum capacity. I needed a new solution and I found this in milon. The milon circuit is an ideal system: we currently **IMPRESS CLIENTS** with regular training schedules and one-on-one supervision. The members particularly value the intensive training. In contrast to other training equipment, you don't have to spend ages setting the equipment and weights with milon – so our members can **CONCENTRATE FULLY ON TRAINING**. A monthly surcharge of just 15 euros is a fair offer for these services. Our members agree: with a female share of 70%, our circuit is often used to **MAXIMUM CAPACITY** besides the many classes we offer as well.”



CATEGORY	Fitness Center
AMOUNT OF MEMBERS	1.500
SIZE OF CLUB AREA IN SQM	750
SIZE OF TRAINING AREA IN SQM	350
MILON CIRCUIT	Strength-Endurance Circuit milcanic
CONTACT PERSON	Ralf Trierwalder
TELEPHONE	+49 40 82 58 41
WEBSITE	www.juka-dojo.de





GERMANY



JUKA DOJO

HAMBURG

GERMANY





SOUTH KOREA





STEVEN LEE

MANAGING DIRECTOR MILON SOUTH KOREA

“We consider ourselves to be the **HEALTHCARE LIFESTYLE PATHFINDER** for South Korea. We aim to enrich the quality of people’s lives: We want to **CREATE A NEW HEALTHY LIFESTYLE** for everyone by offering the possibility of a simple, safe and effective work-out.”

MILON

SPA & FITNESS

JANG-JEON, BUSAN

CATEGORY	Fitness Center
MILON CIRCUIT	-
TELEPHONE	051 506 6078
WEBSITE	www.milonkorea.co.kr









SOUTH KOREA



MILON PRIVATE GYM YEON-SAN, BUSAN

CATEGORY	Gym
MILON CIRCUIT	-
TELEPHONE	051 861 6078
WEBSITE	www.milonbusan.co.kr



SPO K SPORTS CENTER JANG-JEON, BUSAN



CATEGORY	Sports Center
MILON CIRCUIT	Strength-Endurance Circuit
TELEPHONE	051 513 4017
WEBSITE	www.spok.co.kr





CATEGORY	Sports Center
MILON CIRCUIT	Strength-Endurance Circuit Strength Circuit
TELEPHONE	055 638 3000~2
WEBSITE	www.seaspa.co.kr



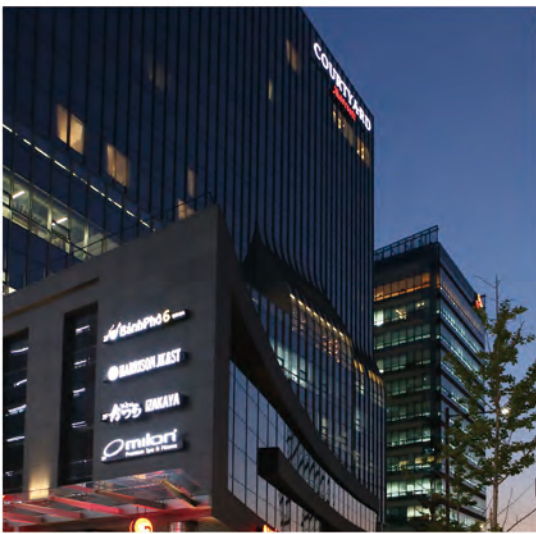
GEOJEDO SEA SPA

GYUNGNAM, GEOJE



MILON PREMIUM SPA & FITNESS

PANGYO, GYUNG-GI



CATEGORY	Hotel
MILON CIRCUIT	Strength-Endurance Circuit
TELEPHONE	031 8061 0700
WEBSITE	-





CATEGORY	Fitness Center
MILON CIRCUIT	Strength-Endurance Circuit
TELEPHONE	02 554 5230
WEBSITE	www.mplounge.com



SOUTH KOREA



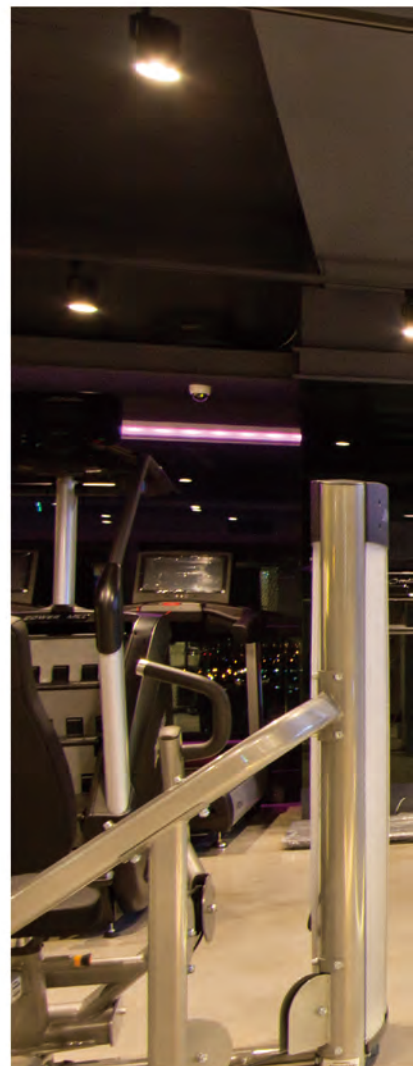
MILON & PILATES LOUNGE

YEOK-SAM, SEOUL



JY FITNESS

MAGOK, SEOUL





CATEGORY	Fitness Center
MILON CIRCUIT	Strength-Endurance Circuit
TELEPHONE	02 2664 7984
WEBSITE	www.jyfitness.co.kr



XI-MILON CENTER

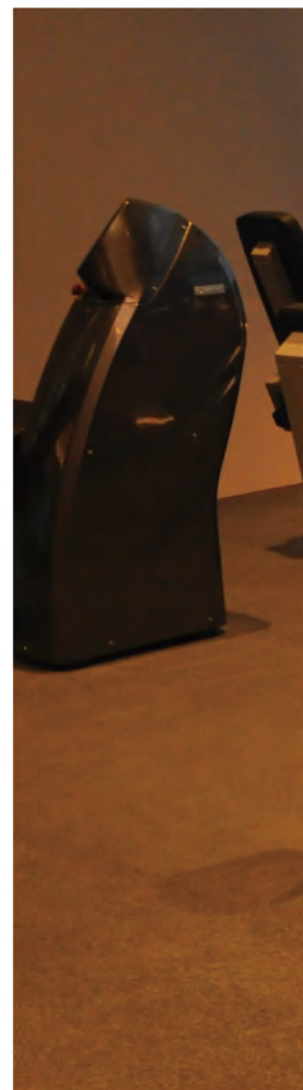
YEOK-SAM,
SEOUL

CATEGORY	Gym
MILON CIRCUIT	Strength-Endurance Circuit Strength Circuit
TELEPHONE	02 501 4597
WEBSITE	www.xi-milon.com





CATEGORY	Hotel Residence
MILON CIRCUIT	Strength Circuit
TELEPHONE	02 3213 5100
WEBSITE	www.signielresidences.com



SOUTH KOREA

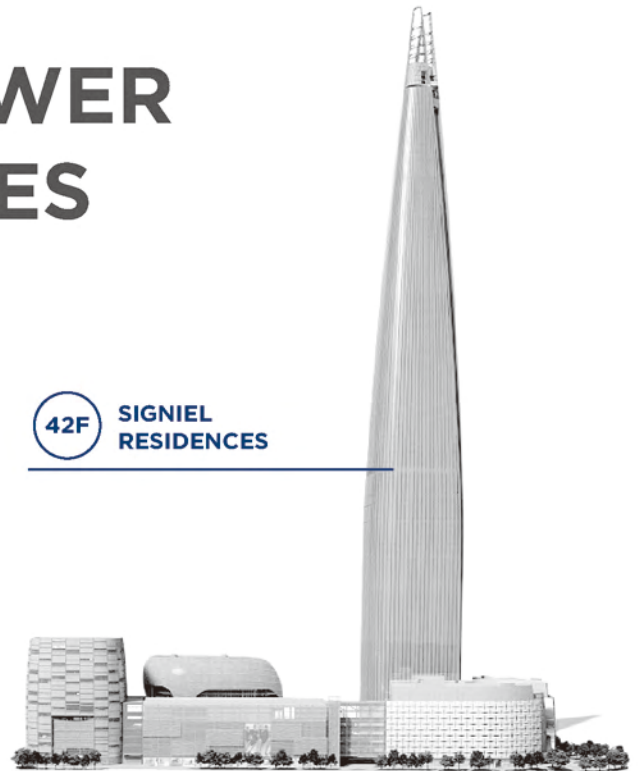


LOTTE WORLD TOWER SIGNIEL RESIDENCES

JAMSIL, SEOUL

42F

SIGNIEL
RESIDENCES



MILON & SMART GYM

EUN-PYEONG,
SEOUL





SOUTH KOREA



CATEGORY	Gym
MILON CIRCUIT	Strength-Endurance Circuit
TELEPHONE	02 6975 5456
WEBSITE	www.milonsmart.com





SOUTH KOREA

SPOGYM & MILON

EULJIRO, SEOUL





CATEGORY	Gym
MILON CIRCUIT	Strength-Endurance Circuit
TELEPHONE	02 6250 8200
WEBSITE	www.spogym.co.kr



COMING UP NEXT

LOTTE



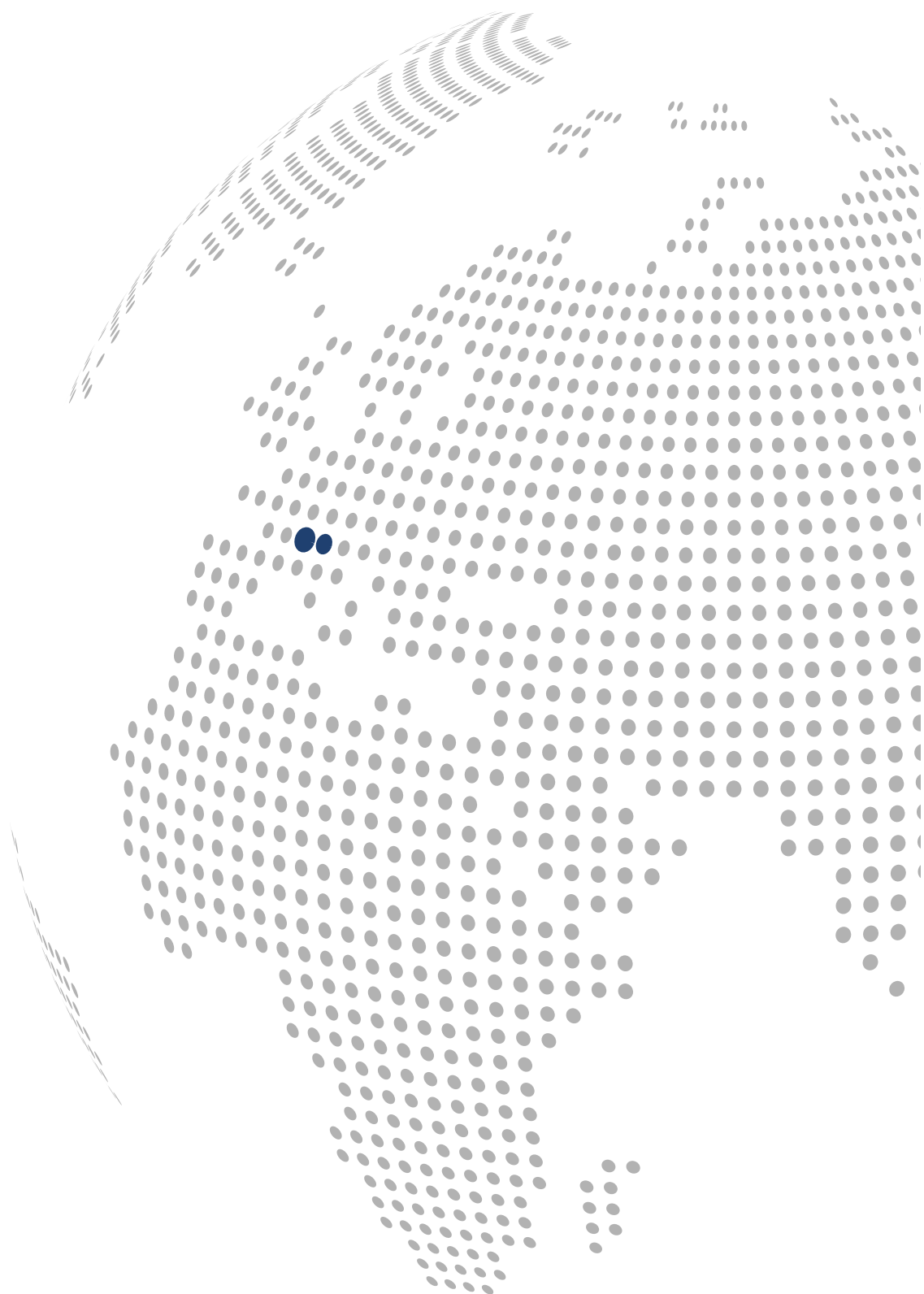
MILON x DESCENTE IN LOTTE WORLD TOWER

JAMSIL, SEOUL





SWITZERLAND





LARS HARMS

MANAGING DIRECTOR MILON SUISSE

“milon fascinates me because it involves **FINDING AND IMPLEMENTING SOLUTIONS** together with our partners. This is what makes milon unique and is also the reason why I work with many partners in a long and trusting collaboration. I like this as it brings me a step closer to my goal: I don't want to just be an operator, I also want to make as many users as possible as enthusiastic about milon as I am!”



SWITZERLAND

CATEGORY	Premium Health Club
AMOUNT OF MEMBERS	540
SIZE OF CLUB AREA IN SQM	800
SIZE OF TRAINING AREA IN SQM	340
MILON CIRCUIT	Strength-Endurance Circuit Strength Circuit Cardio Circuit Milcanic training area
CONTACT PERSON	Georg Biemann
TELEPHONE	+41 31 351 50 52
WEBSITE	www.the-white-rabbit.ch



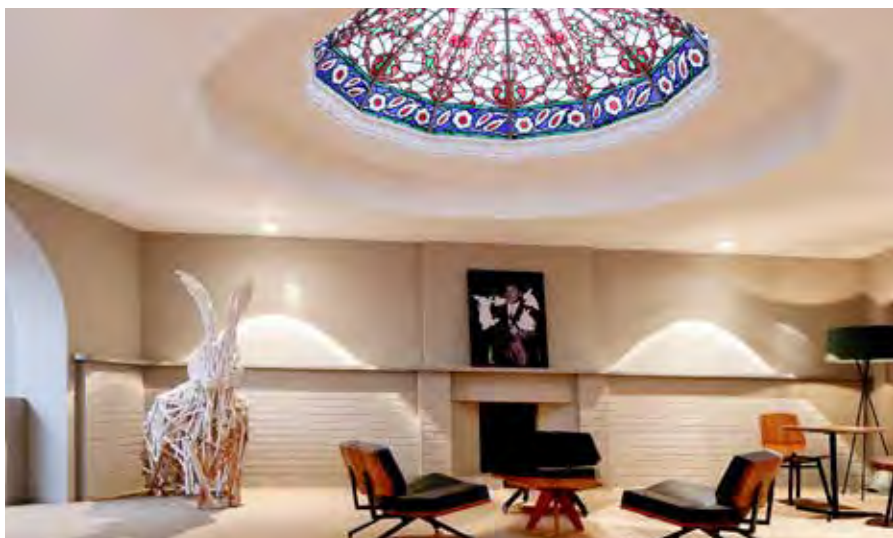
WHITE RABBIT CLUB

BERN, SWITZERLAND



GEORG BIELMANN,
CLUB MANAGER:

„You can't design a tasteful centre if you don't install equipment that does justice to the design. **MILON PRESENTS FUNCTIONALITY IN A TIMELESS DESIGN.** This is one reason why we choose to fully integrate milonic right from the start - including the milcanic machines, equipment and weights. The energy the spaces in the centre radiate should help to make the members feel comfortable - after all, they're spending their free time in our centre.“



ROGER GESTACH,
CEO OF ONE GRUPPE:

“milon is a highly effective, extremely simple training principle that ensures the success of gym operators and fitness enthusiasts alike. My members, my team and I like milon because you can fully focus on yourself while training and discover your limits, while at the same time always training as part of a community, **WORKING TOGETHER TO ACHIEVE GOALS.**”



ONE TRAINING CENTER

CLUB LUCERNE

SWITZERLAND

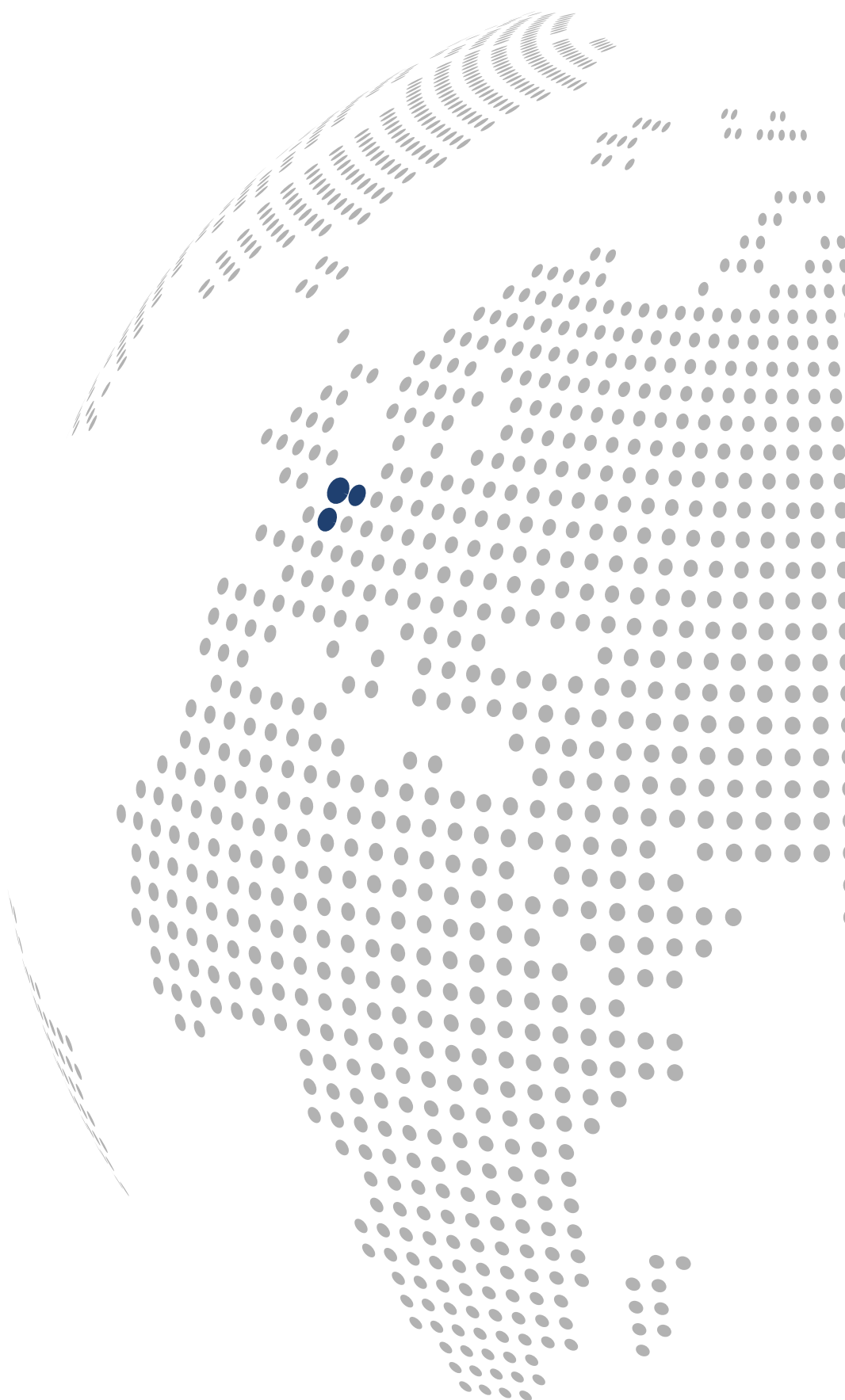


CATEGORY	Local Fitness Chain
AMOUNT OF MEMBERS	4.000
SIZE OF CLUB AREA IN SQM	1.800
SIZE OF TRAINING AREA IN SQM	55
MILON CIRCUIT	Strength-Endurance Circuit
CONTACT PERSON	Roger Gestach
TELEPHONE	+41 41 920 30 40
WEBSITE	www.one-training.ch





BENELUX





RAF SWERTS

MANAGING DIRECTOR MILON BENELUX

“My motivation: **THE GRATITUDE OF THE MEMBERS** who use the milon equipment and the owners of a milon gym. What I love: milon is geared towards people who do not like what traditional fitness centers offer so far. My dream: For 1 out of 5 gyms in Benelux to have Milon. To achieve this goal, I plan to stay in this business **UNTIL THE AGE OF 99!**”



DORETH VISSER, CLUB MANAGER:

“Our turnover per member has increased massively with milon. In the beginning, the members who wanted to use our new milon services paid a one-off sum. We immediately had 300 interested users and thus suddenly had excellent funding. The many years of experience have shown that milon members really **STAY WITH US FOR THE LONG-TERM**, even though other gyms nearby are cheaper. This experience has encouraged us to do without more and more standard equipment training. We prefer to **RELY ON SAFE, FAST AND EFFECTIVE TRAINING** with high-quality supervision. In the meantime, we have a second circuit for other muscle groups and have also switched over to CARE. We are thus **DIFFERENTIATING** ourselves more and more from other gyms and are thus very confident about the future.”

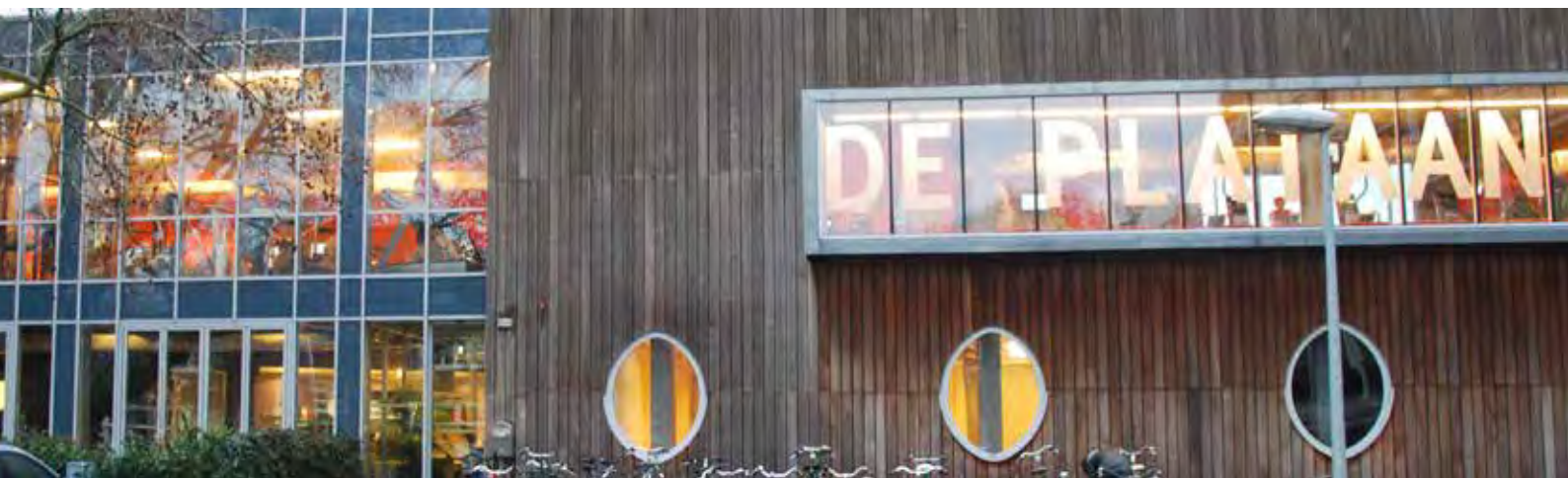


CATEGORY	Fitness Center
AMOUNT OF MEMBERS	2050
SIZE OF CLUB AREA IN SQM	2000
SIZE OF TRAINING AREA IN SQM	80
MILON CIRCUIT	2 Strength-Endurance Circuits
CONTACT PERSON	Doreth Visser
TELEPHONE	+31 317 414 114
WEBSITE	www.sportcentrumdeplataan.nl



SPORTCENTRUM DE PLATAAN

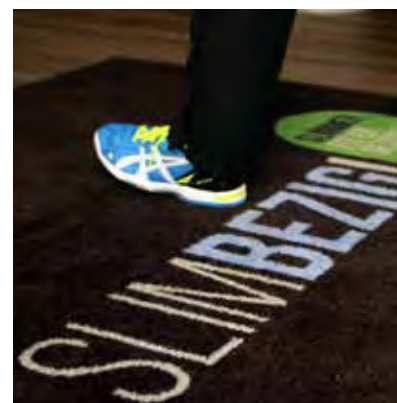
ARNHEM, NETHERLANDS





BENELUX

CATEGORY	Micro Gym
AMOUNT OF MEMBERS	250
SIZE OF CLUB AREA IN SQM	345
SIZE OF TRAINING AREA IN SQM	40
MILON CIRCUIT	Strength Endurance Circuit Individual milon Warm Up
CONTACT PERSON	Martijn van der Pijl
TELEPHONE	+31 6 534 207 00
WEBSITE	www.slimbezigveldhoven.nl
QR CODE	



SLIMBEZIG!

EINDHOVEN

NETHERLANDS



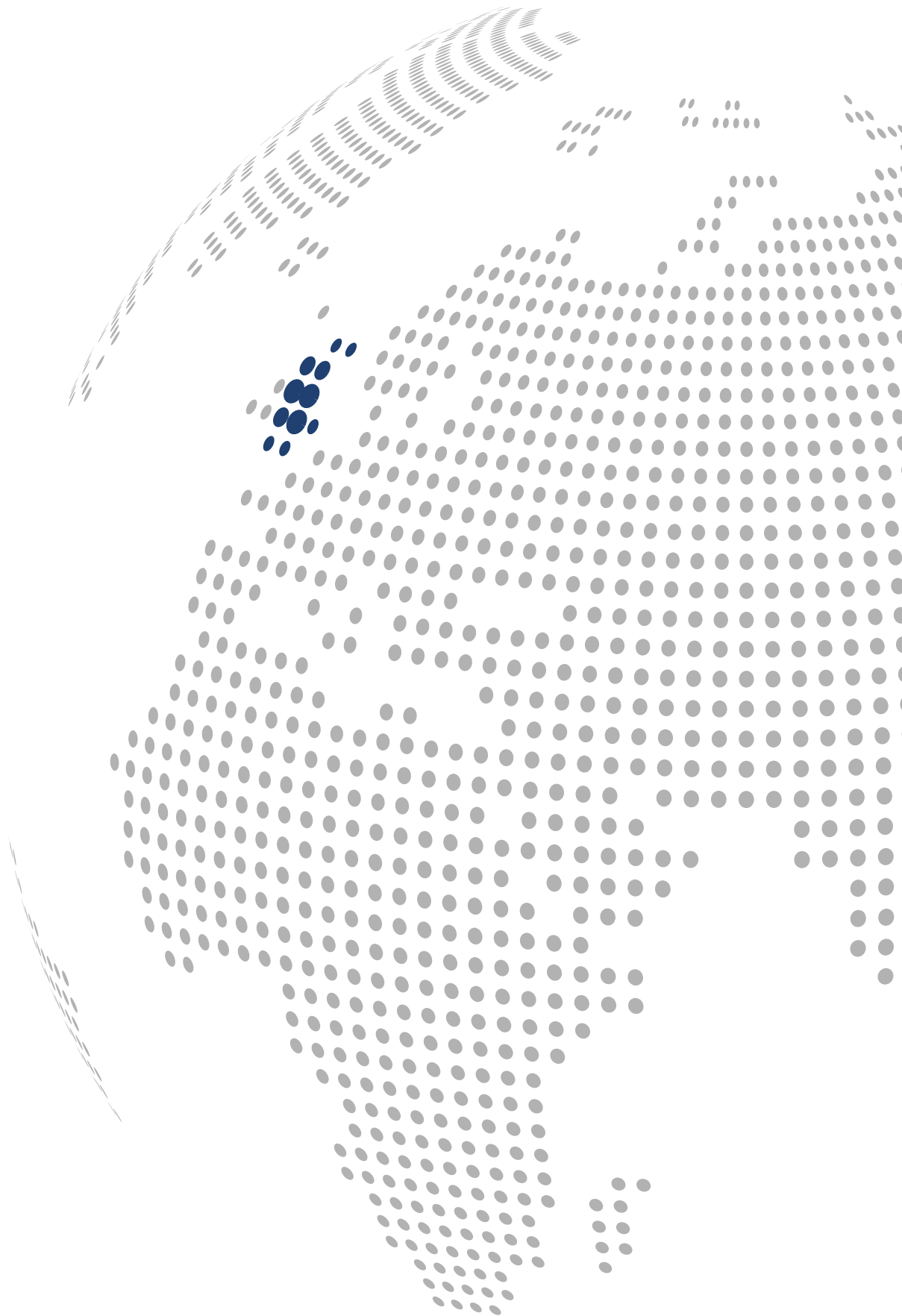
MARTIJN VAN DER PIJL, CLUB MANAGER:

“The milon circuit is the central basis for my micro gym. With just twelve pieces of equipment, we enable **UP TO 800 PEOPLE** to carry out complete training – to do this, I would otherwise need much more equipment and, above all, a lot more space. Thanks to the compact form and possibilities of milon CARE, I can provide my members with excellent support... My members are always telling me that this is **SIMILAR TO PERSONAL TRAINING**. I have used milon right from the start as I wanted to address a new target group: people who weren't active. People who actually don't like to train but know that it's necessary to feel better. They are happy with the milon circuit: they find training to be simple and pleasant, yet intensive. Many say that, with us, they **DO MORE IN 35 MINUTES** than they would elsewhere in one and a half hours.”





UNITED KINGDOM





STUART DAVIS

MANAGING DIRECTOR MILON UNITED KINGDOM

„With milon equipment we are able to provide better training efficiency, higher throughput in a much smaller footprint than with conventional training equipment. **FAST RESULTS** both for Club Members and Club Managers is what keeps me going – **QUALITY AND PERFORMANCE** will ultimately win out and allow the milon community to grow.”



UNITED KINGDOM



GLENDA RIVOALLAN,
FOUNDER & DIRECTOR OF HEALTHHAUS CLUB

“The most pleasing thing is that our members are reporting amazing benefits from the eccentric training principle. That’s why they just love using Milon. We are now opening the next club and Milon will remain our partner as we continue to move forward – it’s not just equipment but **A CONCEPT AND A SOLUTION** that works for us.”

CATEGORY	Hotel
AMOUNT OF MEMBERS	1.200
SIZE OF CLUB AREA IN SQM	700
SIZE OF TRAINING AREA IN SQM	150
MILON CIRCUIT	Strength-Endurance Circuit
CONTACT PERSON	Glenda Rivoallan
TELEPHONE	+44 1534 614800
WEBSITE	www.healthhaus.co.uk
QR CODE	

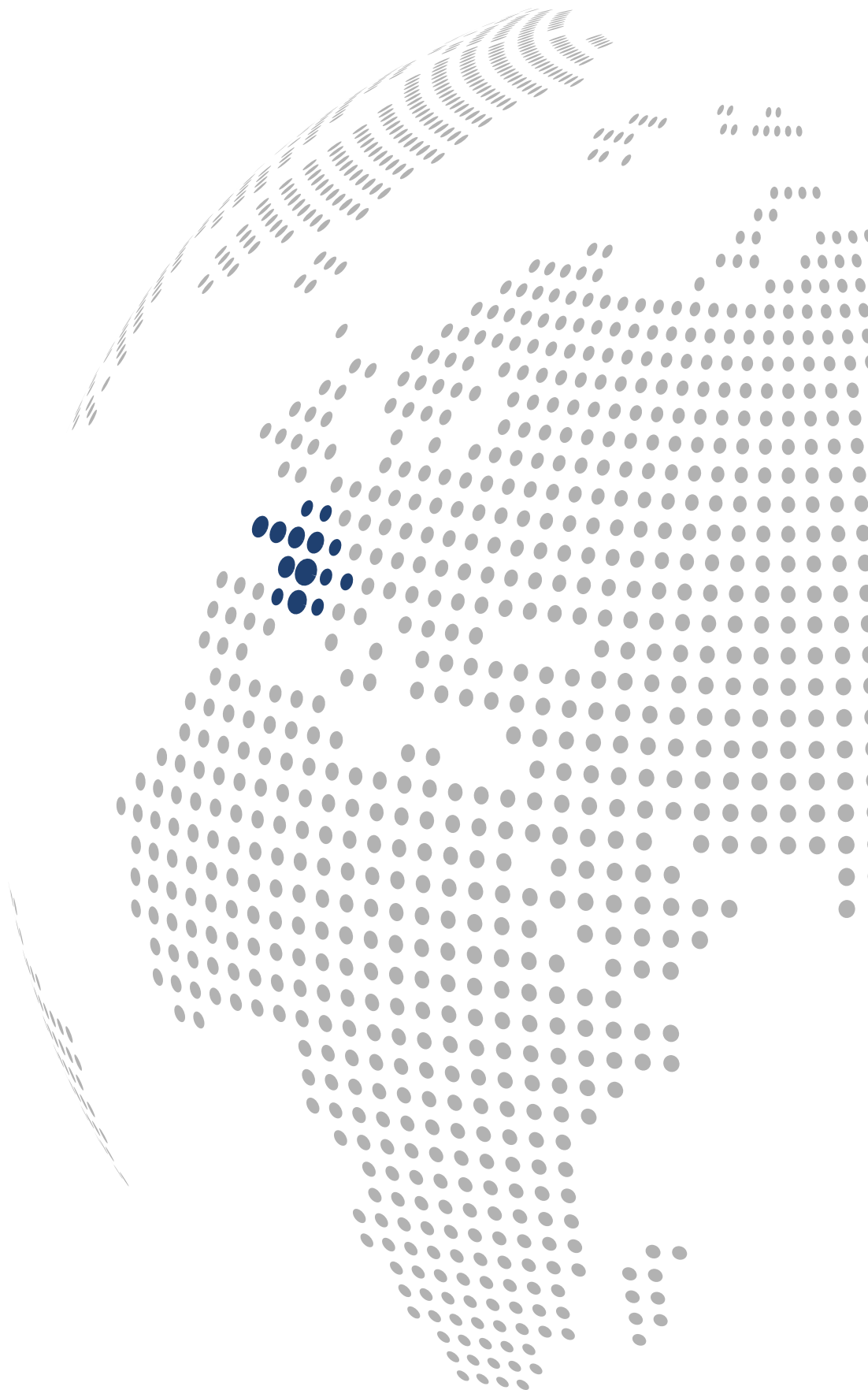




HEALTHHAUS HOTEL DE FRANCE

ST.HELIER, JERSEY
UNITED KINGDOM







KOEN VANDENHOECK

MANAGING DIRECTOR MILON FRANCE

“milon France allows people to train for a shorter period of time – 35 minutes – yet enabling them to experience real results. Thanks to the various training modes, our customers are offered **A LIFELONG TRAINING POSSIBILITY**. The French have now the possibility to choose a healthier lifestyle that prepares them for all challenges and lets them **HAVE ENOUGH TIME FOR PROFESSIONAL AND PRIVATE LIFE**. With the help of the entire milon team, our goal is to establish 1000 milon circuits in France within the next 10 years.”

B'PURE HEALTH CLUB

MARSEILLE, FRANCE

FRANCK LINTZ,
CLUB MANAGER:

„B'Pure is a milon-only Club. After nine months we were able to significantly improve the financial situation of the Club and **GAINED A RETURN ON INVESTMENT**. The happiness and satisfaction of our members is the best feedback for us!“



CATEGORY	Fitness Center
AMOUNT OF MEMBERS	310
SIZE OF CLUB AREA IN SQM	237
SIZE OF TRAINING AREA IN SQM	85
MILON CIRCUIT	Strength-Endurance Circuit
CONTACT PERSON	Frank Lintz
TELEPHONE	+33 4 42 27 89 07
WEBSITE	www.bpureaix.fr



CLUBSTART

NICE, FRANCE

CATEGORY	Fitness Center
AMOUNT OF MEMBERS	Just opened
SIZE OF CLUB AREA IN SQM	214
SIZE OF TRAINING AREA IN SQM	174
MILON CIRCUIT	Strength-Endurance Circuit
CONTACT PERSON	Daniel Hallifax
TELEPHONE	+33 6 21 53 33 64
WEBSITE	www.clubstart.fr
QR CODE	



DANIEL HALLIFAX,
CLUB MANAGER:

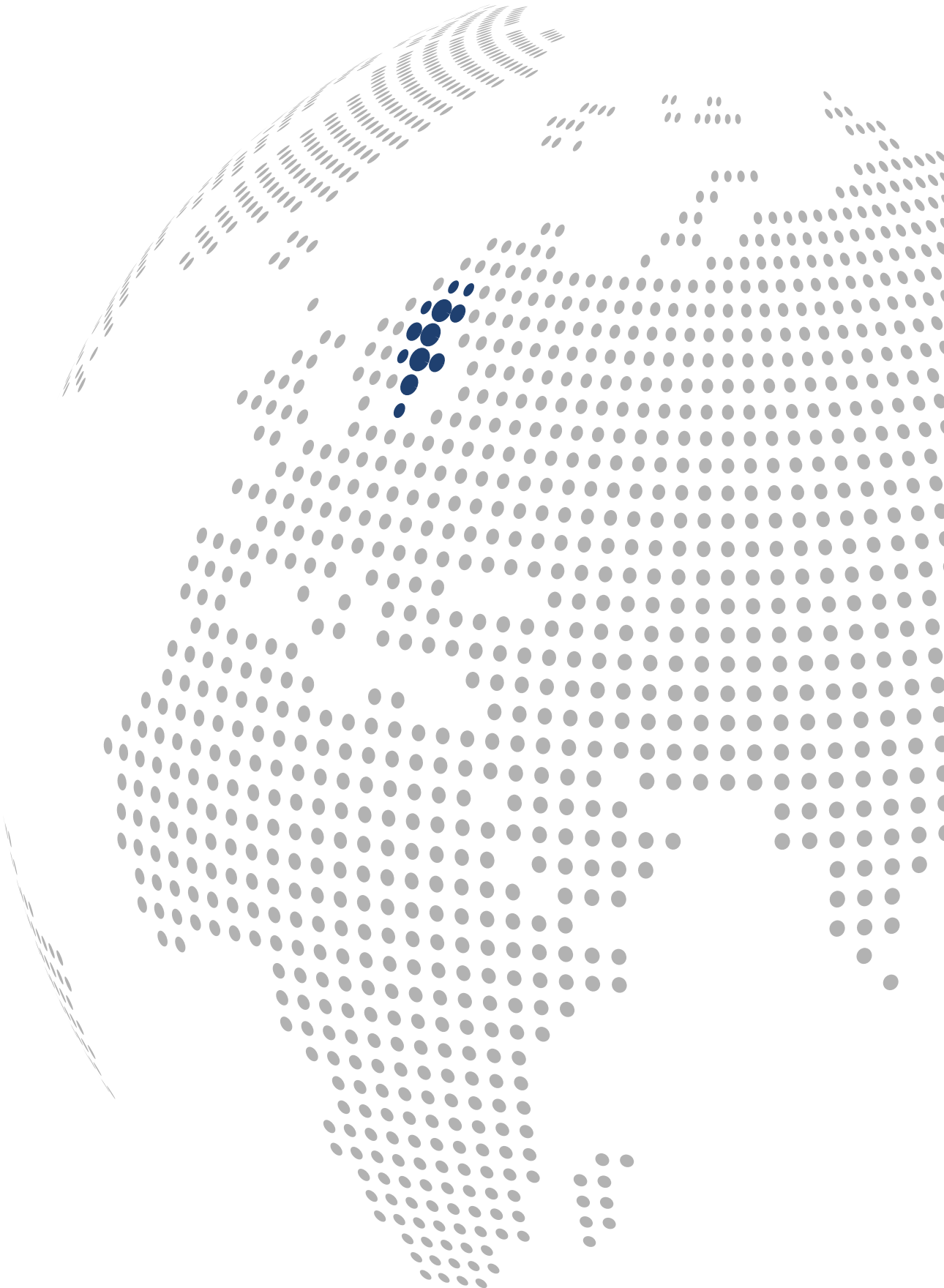
„I BECAME A «MILONER»
through the French distributor,
Koen Vandenhoeck. Frankly,
milon training has been great
so far!“







SWEDEN





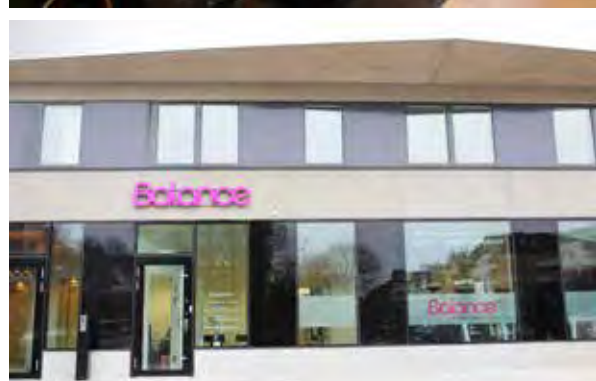
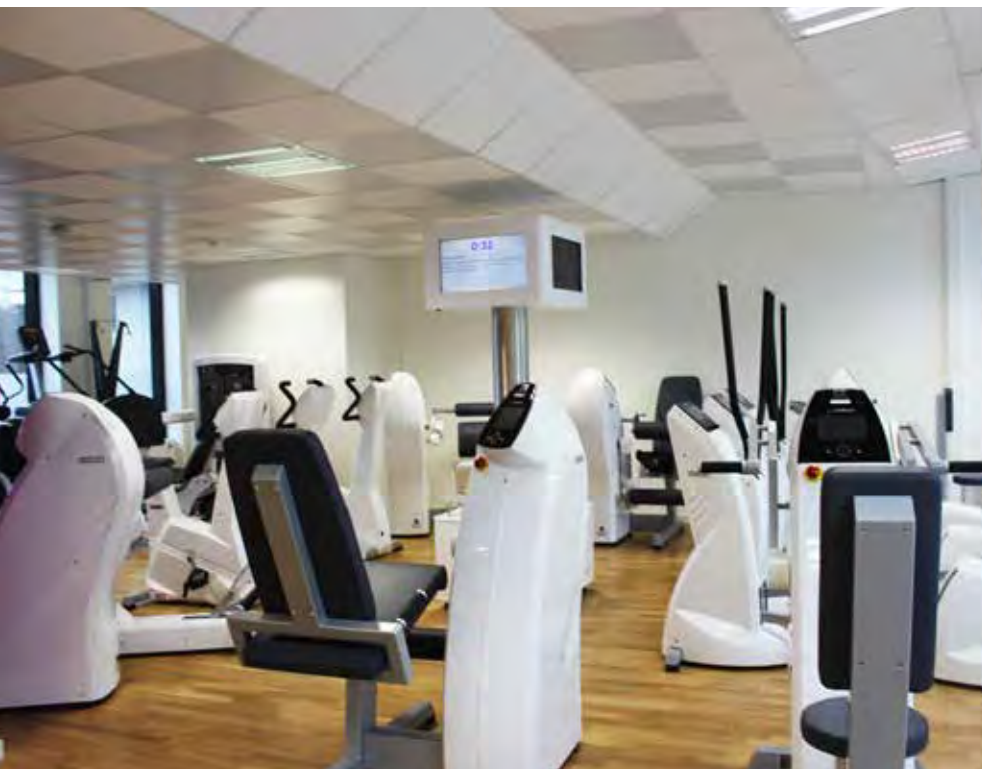
LÅTTA BRODÉN

MANAGING DIRECTOR MILON SWEDEN AND NORWAY

„We help Club Managers with profitable solutions for their business. So with milon we set up a complete new and **UNIQUE MICRO CLUB CONCEPT** that “everyone is talking about”. The concept is now taking off in Sweden and will result in more than 50 micro clubs within a couple of years. Milon and CL Fitness is a match made in heaven.”



SWEDEN



CATEGORY	Fitness Center
AMOUNT OF MEMBERS	250
SIZE OF CLUB AREA IN SQM	343
SIZE OF TRAINING AREA IN SQM	40
MILON CIRCUIT	Strength-Endurance Circuit
CONTACT PERSON	Joel Grönwall
TELEPHONE	+46 8 409 216 05
WEBSITE	www.balancetraining.se
QR CODE	



BALANCE

STOCKHOLM SWEDEN

JOEL GRÖNWALL,
CLUB MANAGER:

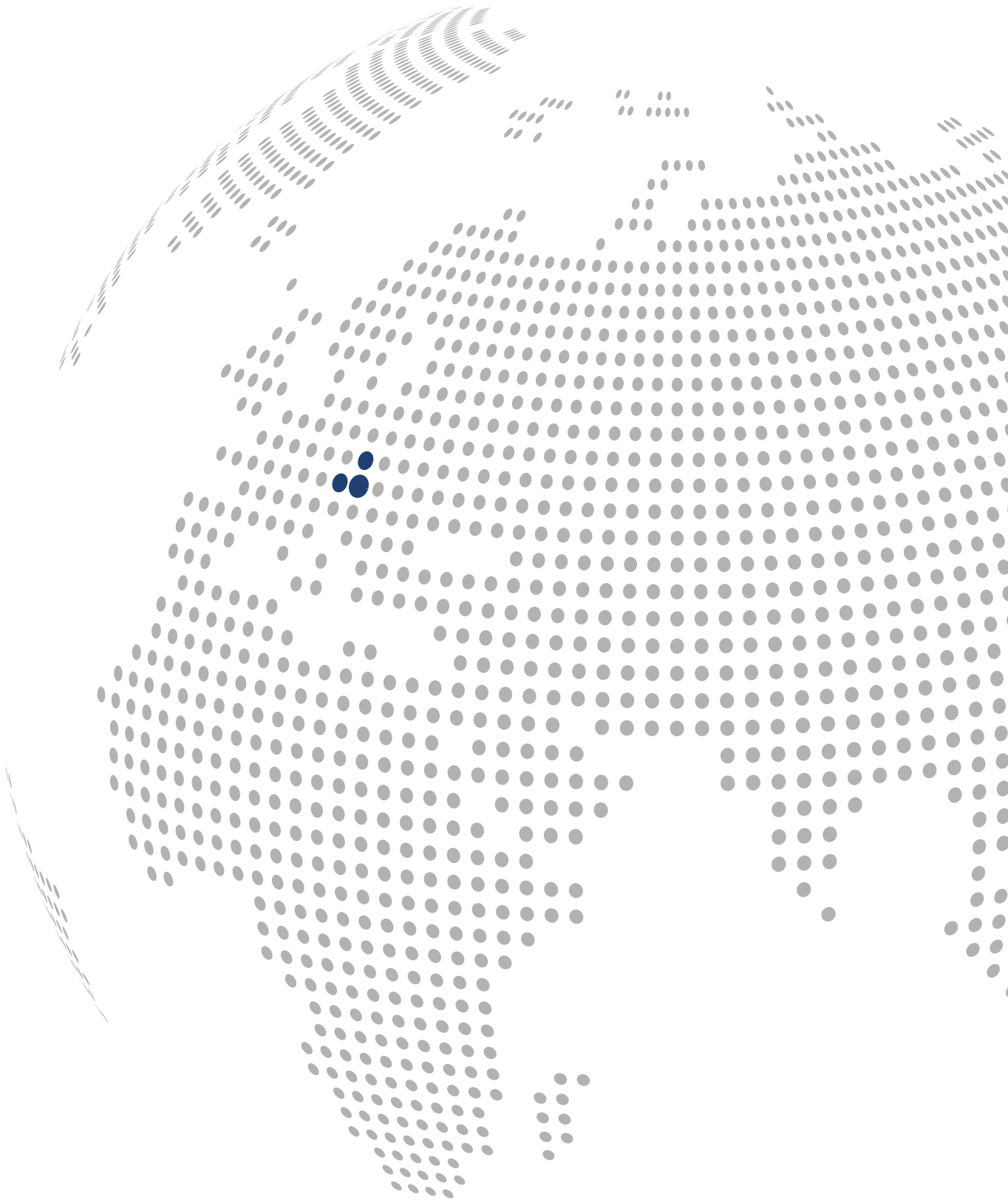


“Many of our members contact us because they know that training primarily boosts health in general. After some time, the members not only see their training results via milon CARE, but also notice that they have **MORE STRENGTH AND BETTER ENDURANCE IN EVERYDAY LIFE**. In short: they simply feel more vital overall!”





HUNGARY






ORBAN ZSOLT

MANAGING DIRECTOR MILON HUNGARY

“Our values: quality training, excellent support and constant improvement. We plan to generate a **NEW FITNESS CULTURE** and bring a **CHANGE IN PERCEPTION** of the national fitness market in Hungary. Milon provides an outstanding solution for this.”

CATEGORY	Sports Center
AMOUNT OF MEMBERS	680
SIZE OF CLUB AREA IN SQM	700
SIZE OF TRAINING AREA IN SQM	400
MILON CIRCUIT	Strength-Endurance Circuit Strength Circuit
CONTACT PERSON	Barbara Bíró
TELEPHONE	+36 30 279 41 59
WEBSITE	www.zenclub.hu
QR CODE	





ZEN CLUB

BUDAPEST


HUNGARY

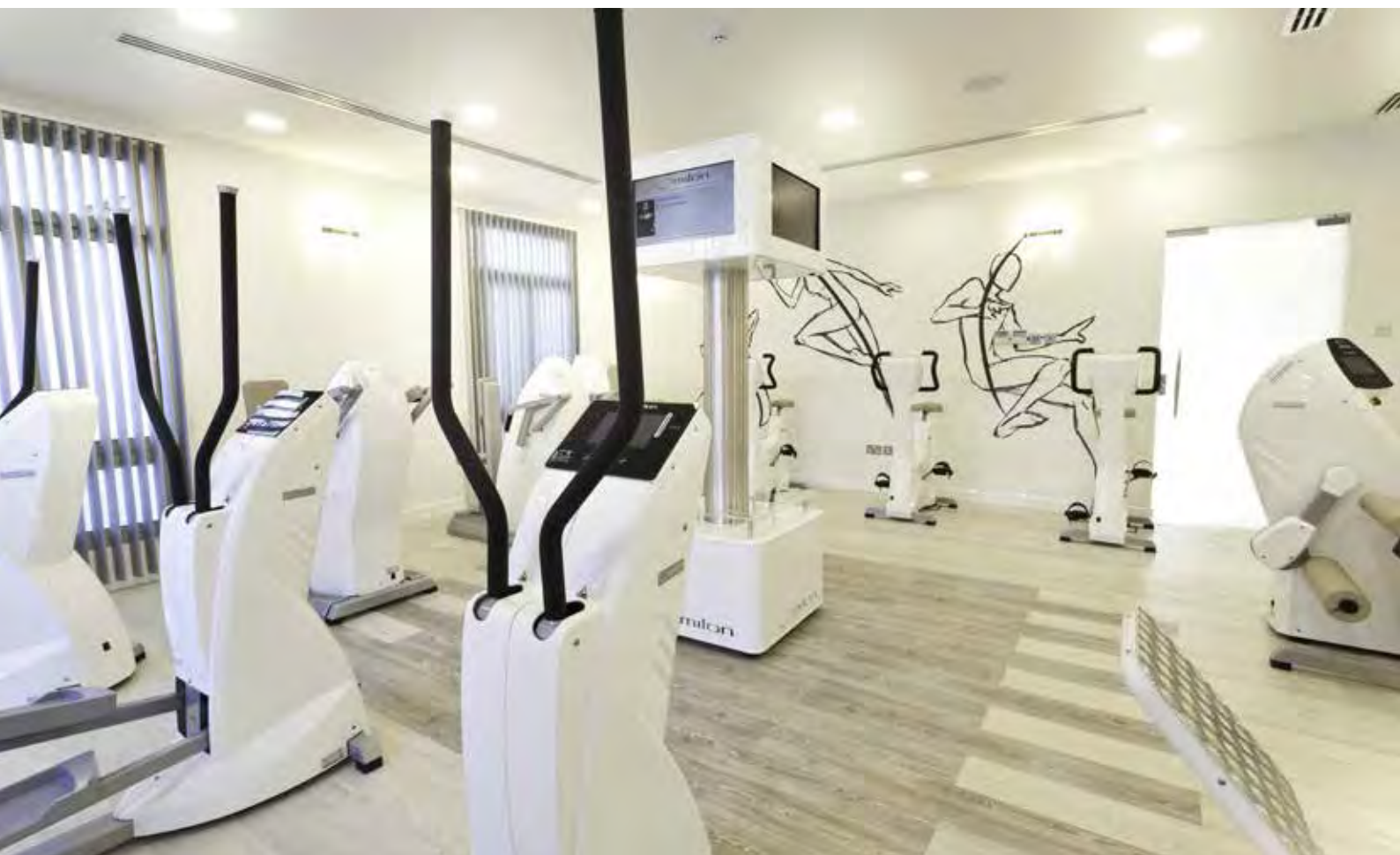


BARBARA BÍRÓ,
CLUB MANAGER:

„Our vision was to create something different from the traditional concept of a fitness club and to improve peoples' lives, thus differentiating us from the other clubs in town. To this end, we chose milon. Looking at last year's figures that was the best decision we could have made. We were able to optimise our operational and HR costs. Compared to the nearby gyms, our customer retention and **SATISFACTION RATE IS HIGHER**, too. Our members come to the club as part of their lifestyle and the fact that the work-out is only 35 minutes makes it easy for them. They just have to insert their card... no complicated settings, no risk of injury, no boring routine, **IT'S ALL FUN** and that makes them **LOVE THE MILON SPIRIT.**”



CATEGORY	Fitness Center
AMOUNT OF MEMBERS	Just opened
SIZE OF CLUB AREA IN SQM	400
SIZE OF TRAINING AREA IN SQM	200
MILON CIRCUIT	Strength-Endurance Circuit Strength Circuit Cardio Circuit Two milbration Plates
CONTACT PERSON	Sami Macki
TELEPHONE	+968 24657801
WEBSITE	www.circle-club.com
QR CODE	



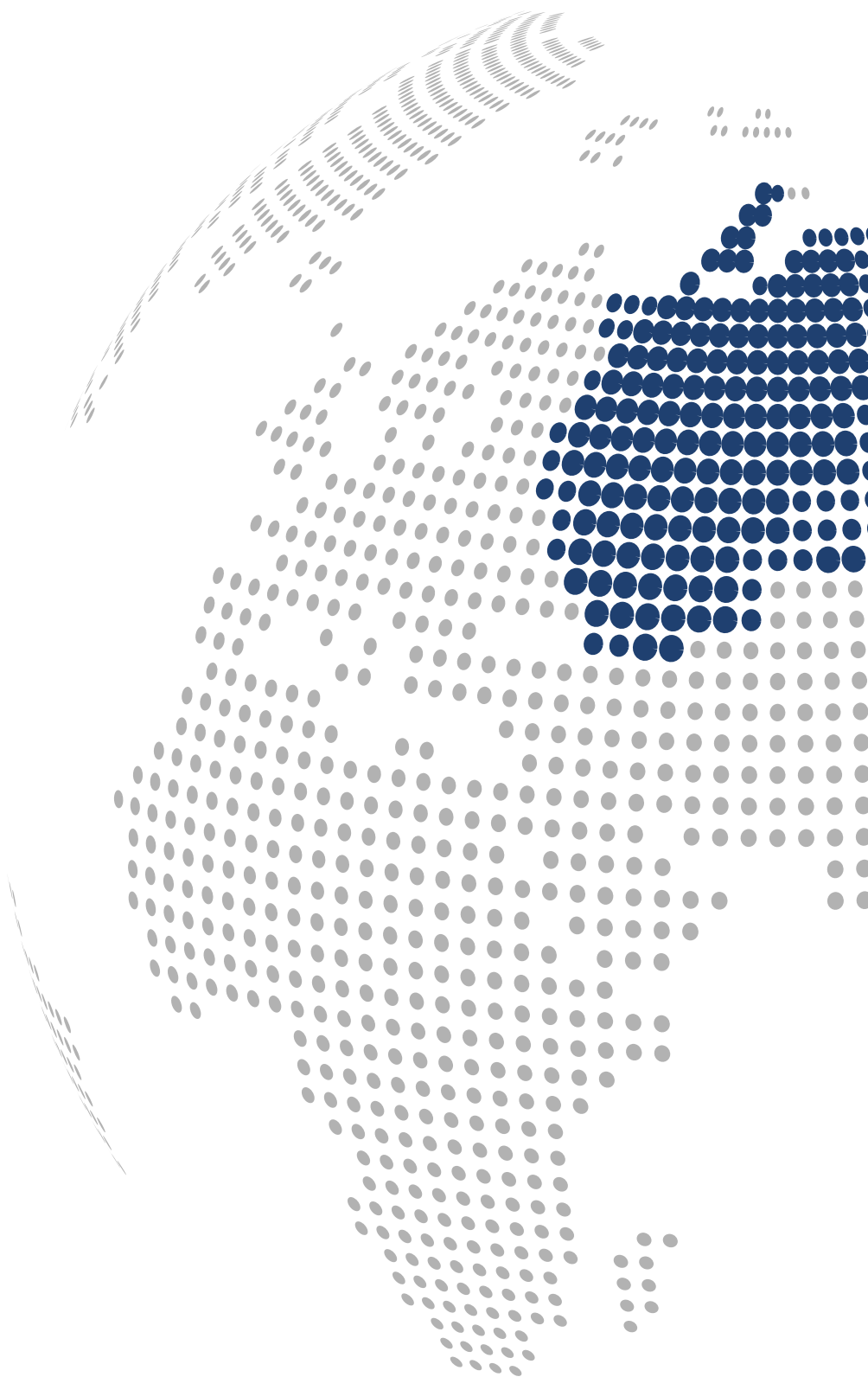


CIRCLE CLUB MUSCAT OMAN

SAMI MACKI,
CLUB MANAGER:



„We started in December 2014 with a soft opening to train our team. From January 2015 onwards we send out invitations to a circle of friends. The Circle Club offers the full range of milon products so we can offer our customers **A COMPLETE WORK-OUT CONCEPT**. The Circle Club is very special as it is the first gym in the Middle East with electronically controlled equipment integrated into a well-designed interior. Our customers appreciate the fact that **MILON TRAINING IS EASY, SIMPLE AND FAST.**“





OLEG MORDOVIN

DEPUTY MANAGER OF MILON RUSSIA

„We are proud to sell health to people. This is an absolute eco-product, because good health enhances quality of life. **MILON IS THE PERFECT SOLUTION FOR METROPOLISES** such as Moscow where people are always on the go and have less time for their health. The milon concept guides them, gives them structure and respects the limited amount of time they have for training. Our customers' smiles motivate us to continue spreading the **TRAINING METHOD OF THE FUTURE** throughout the whole of Russia.”



RUSSIA



CATEGORY	Fitness Center
AMOUNT OF MEMBERS	700
SIZE OF CLUB AREA IN SQM	400
SIZE OF TRAINING AREA IN SQM	160
MILON CIRCUIT	Strength-Endurance Circuit Strength Circuit
CONTACT PERSON	Oleg Mordovin
TELEPHONE	+7 499 215 87 15
WEBSITE	www.miltronicclub.ru



EKATERINA
MORDOVINA,
MARKETING
DIRECTOR:

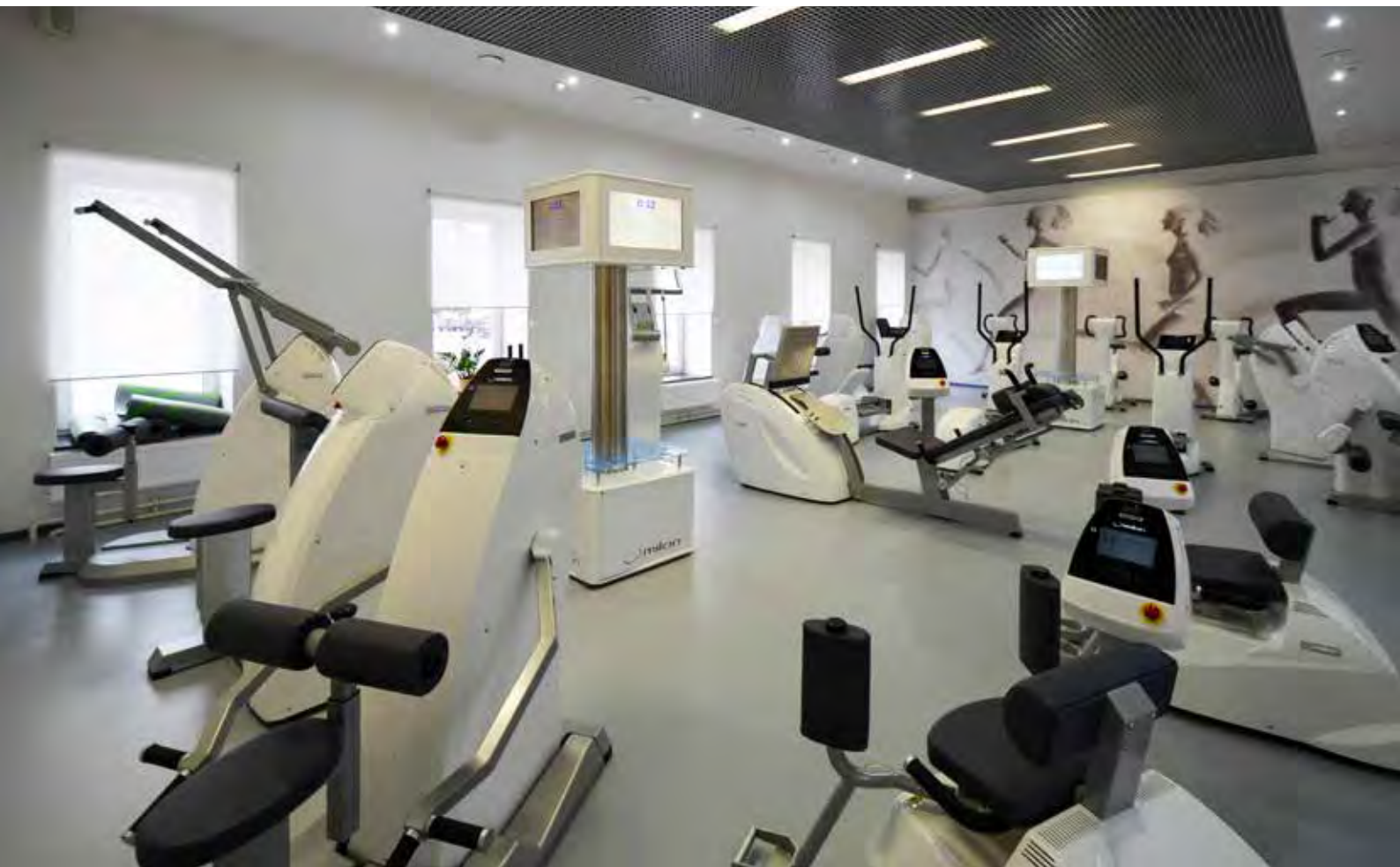
„The Miltronic Club in Moscow was opened in 2013. It is the first gym to offer milon, the electronic training equipment of the future, in Russia. We named it simply „miltronic Club“ – after all, **THE STRENGTH-ENDURANCE CIRCUIT IS THE CLUB’S EPICENTRE**. We designed the interior based on the Circle Private Health Club in Munich. The high quality training and the unique atmosphere now attracts 16- to 75-year-olds. **MILON IS FOR EVERYONE!**”

RUSSIA



MILTRONIC CLUB

MOSCOW, RUSSIA





MILTRONIC



MILTRONIC







MILTRONIC – EQUIPMENT WITH THE “A-HA” EFFECT.

Simple, safe, effective - equipment from the miltronic series is the epitome of these three characteristics which form the core of milon. Its unique electronic technology allows you to train in a way that is noticeably different in every way. An “a-ha” moment for pros as well as novices.

SIMPLE.

Insert your card, get ready, go! In just a few seconds, each piece of miltronic equipment adjusts precisely to the user. From the seating position to the training weights in each individual movement phase. Training plans on paper are now a thing of the past, as are the “finger acrobatics” involved in adjusting the seat or inserting the tricky pins in weight plates.

SAFE.

No possibility of error! Thanks to the electronic controls, the miltronic equipment guarantees 100 % reliable training. The user is guided in their movement with millimetre precision, making incorrect loading impossible. More specific restrictions, e.g. due to back or joint problems, can also be considered. The workload is always set to the desired weight levels and without exceeding the optimum pulse range.

EFFECTIVE.

30 and 25 – these are two of the most important characteristics of the miltronic equipment series: 30 % more effectiveness with 25 % time saving! This huge efficiency advantage over conventional mechanical equipment is brought about by the targeted interaction of concentric and eccentric training. This also applies to uses in the medical field.

ELECTRONICALLY CONTROLLED TRAINING WITH MILTRONIC

- 25 % time saving
- 30 % more effectiveness
- 100 % reliable and successful



OVERVIEW OF EQUIPMENT.

UPPER BODY ►

BUTTERFLY



BUTTERFLY REVERSE



LAT PULLDOWN



SHOULDER PRESS



BICEPS



SEATED DIP



TORSO ►

CHEST PRESS



SEATED ROW



ABDOMINAL CRUNCH



BACK EXTENSION



ROTATOR





OVERVIEW

LOWER BODY ►

ABDUCTOR



ADDUCTOR



LEG CURL



LEG EXTENSION



LEG PRESS



LEG PRESS VARIO



ENDURANCE ►

CROSSWALKER



CROSSWALKER VARIO



ERGOMETER



RECUMBENT BIKE



STAIRS VARIO



MILTRONIC



 miltronic



BUTTERFLY

REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Chest
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	150 x 180 x 132 cm
WEIGHT	130 kg
SOFTWARE	milon Care



BUTTERFLY REVERSE

REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Shoulder
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	150 x 180 x 132 cm
WEIGHT	130 kg
SOFTWARE	milon Care





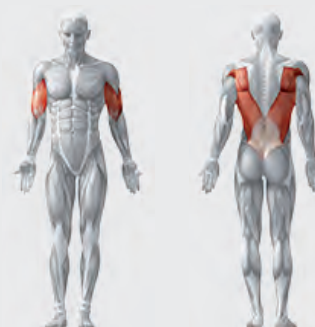
UPPER BODY

STRENGTH 

LAT PULLDOWN



REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Back
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	138 x 115 x 200 cm
WEIGHT	184 kg
SOFTWARE	milon Care



SHOULDER PRESS



REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Shoulder
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	138 x 115 x 200 cm
WEIGHT	184 kg
SOFTWARE	milon Care



MILTRONIC



BICEPS

REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Biceps
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	110 x 110 x 132 cm
WEIGHT	138 kg
SOFTWARE	milon Care



SEATED DIP

REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Triceps
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	132 x 92 x 132 cm
WEIGHT	162 kg
SOFTWARE	milon Care





UPPER BODY

STRENGTH

CHEST PRESS



REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Chest
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	150 x 90 x 132 cm
WEIGHT	168 kg
SOFTWARE	milon Care



SEATED ROW



REGION OF THE BODY	Upper body
TARGETED MUSCULATURE	Back
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	140 x 90 x 132 cm
WEIGHT	162 kg
SOFTWARE	milon Care



MILTRONIC



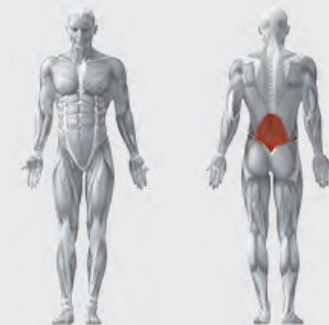
ABDOMINAL CRUNCH

REGION OF THE BODY	Torso
TARGETED MUSCULATURE	Stomach
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	125 x 120 x 132 cm
WEIGHT	152 kg
SOFTWARE	milon Care



BACK EXTENSION

REGION OF THE BODY	Torso
TARGETED MUSCULATURE	Lower back
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	125 x 115 x 132 cm
WEIGHT	152 kg
SOFTWARE	milon Care





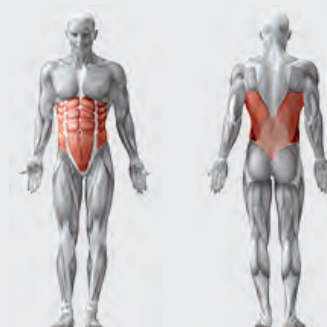
TORSO / LOWER BODY

STRENGTH 

ROTATOR



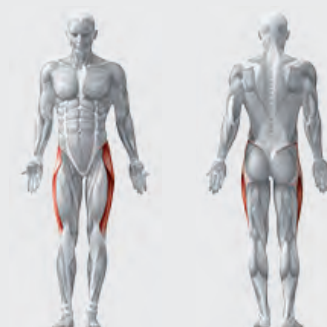
REGION OF THE BODY	Torso
TARGETED MUSCULATURE	Stomach
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	166 x 65 x 122-183 cm
WEIGHT	188 kg
SOFTWARE	milon Care



ABDUCTOR



REGION OF THE BODY	Lower body
TARGETED MUSCULATURE	Thighs
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	120 x 125 x 120 cm
WEIGHT	126 kg
SOFTWARE	milon Care



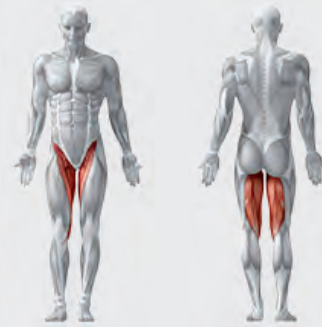
MILTRONIC





ADDUCTOR

REGION OF THE BODY	Lower body
TARGETED MUSCULATURE	Thighs
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	120 x 125 x 120 cm
WEIGHT	126 kg
SOFTWARE	milon Care



LEG CURL

REGION OF THE BODY	Lower body
TARGETED MUSCULATURE	Thighs
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	135 x 100 x 135 cm
WEIGHT	147 kg
SOFTWARE	milon Care





LOWER BODY

STRENGTH

LEG EXTENSION



REGION OF THE BODY	Lower body
TARGETED MUSCULATURE	Thighs
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	135 x 100 x 135 cm
WEIGHT	147 kg
SOFTWARE	milon Care



LEG PRESS



REGION OF THE BODY	Lower body
TARGETED MUSCULATURE	Thighs
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	255 x 62 x 142 cm
WEIGHT	230 kg
SOFTWARE	milon Care



MILTRONIC



LEG PRESS VARIO

REGION OF THE BODY	Lower body
TARGETED MUSCULATURE	Thighs
TRAINING OBJECTIVE	Strength
DIMENSIONS (LxWxH)	255 x 62 x 142 cm
WEIGHT	230 kg
SOFTWARE	milon Care



CROSSWALKER

REGION OF THE BODY	Heart/circulatory system
TARGETED MUSCULATURE	-
TRAINING OBJECTIVE	Endurance
DIMENSIONS (LxWxH)	190 x 55 x 177 cm
WEIGHT	80 kg
SOFTWARE	milon Care





LOWER BODY / ENDURANCE

STRENGTH



ENDURANCE



CROSSWALKER VARIO



REGION OF THE BODY	Heart/circulatory system
TARGETED MUSCULATURE	-
TRAINING OBJECTIVE	Endurance
DIMENSIONS (LxWxH)	220 x 62 x 182 cm
WEIGHT	110 kg
SOFTWARE	milon Care



ERGOMETER



REGION OF THE BODY	Heart/circulatory system
TARGETED MUSCULATURE	-
TRAINING OBJECTIVE	Endurance
DIMENSIONS (LxWxH)	95 x 56 x 135 cm
WEIGHT	45 kg
SOFTWARE	milon Care



MILTRONIC



RECUMBENT BIKE



REGION OF THE BODY	Heart/circulatory system
TARGETED MUSCULATURE	-
TRAINING OBJECTIVE	Endurance
DIMENSIONS (LxWxH)	150 x 70 x 116 cm
WEIGHT	63 kg
SOFTWARE	milon Care



STAIRS VARIO



REGION OF THE BODY	Heart/circulatory system
TARGETED MUSCULATURE	-
TRAINING OBJECTIVE	Endurance
DIMENSIONS (LxWxH)	107 x 73 x 150 cm
WEIGHT	55 kg
SOFTWARE	milon Care





ENDURANCE

ENDURANCE 



MILTRONIC




 AUSTRALIA / NEW ZEALAND
Level 1 / 52 Davenport Street
Southport QLD 4215 PO Box 10336
Southport BC QLD 4215
Australia
australia@milon.com
+61 7 5526 4426


 AUSTRIA
c/o milon industries GmbH
An der Laugna 2
86494 Emersacker bei Augsburg
Germany
austria@milon.com
Eastern Austria: +43 664 455 08 77
Western Austria: +43 664 455 08 78

 AZERBAIJAN
Baku AZ1001
Ehmed Cavad str.15
City Center Baku
Azerbaijan
azerbaijan@milon.com
+99 4503 54 20 24



 BELGIUM / NETHERLANDS
Ambachtsstraat 26
2390 Malle
Belgium
belgium@milon.com
+32 476 478 477

 CZECH REPUBLIC / SLOVAKIA
Kn'ni_ky 14
Drahanovice 783 44
Czech Republic
czech-republic@milon.com
+42 077 349 91 17

 FRANCE
Le Ducal
Port Marina Baie des Anges
06270 Villeneuve Loubet
France
france@milon.com
+33 8 20 22 50 26


 GERMANY
An der Laugna 2
86494 Emersacker bei Augsburg
Germany
info@milon.de
+49 8293 965 50 0


 HUNGARY
Váci Mihály u 20. fszt. 2.
9700 Szombathely
Hungary
hungary@milon.com
+36 309 949 448


 ITALY /  UKRAINE
Office park „Hloubetin“, build. B,
Podebradska str., 88/55
Prague 9, 198 00
Czech Republic
italy@milon.com
+42 077 563 56 87

 KINGDOM OF SAUDI-ARABIA
Al Hussein Business Center
Al Batarji Street
1st floor
Office Number 6
P.O. Box 3064
Jeddah 23435-8652
Kingdom of Saudi-Arabia
saudi-arabia@milon.com
+966 549 988 188


 MALTA
Triq il Birwina / Rivendell A
MLH 2544 - Mellieha
Malta
malta@milon.com
+356 79 884 884

 POLAND
Promienista 83
60-141 Poznań
Poland
poland@milon.com
+48 502 125 150

 RUSSIA
Save Investment Ltd.
Leo Tolstoy str. 18
Tsvetnoy blvd. 2 B
127051 Moscow
Russia
russia@milon.com
+7 495 787 55 50

 SWEDEN / NORWAY
Fallskärmsvägen 4
72131 Västerås
Sweden
sweden@milon.com
+46 21 17 13 91

 SWITZERLAND
milon alpine AG
Seeblick 1
6330 Cham
Switzerland
suisse@milon.com
+41 79 173 10 24

 SOUTH KOREA
#547, 160, World cup-daero
Yeonsan-dong
Yeonje-gu
Busan
South Korea
info@milon.co.kr
+82 51 506 6078

 UNITED KINGDOM / IRELAND
Suite D
13 Piries Place
Horsham
West Sussex,
RH12 1EH
United Kingdom / Ireland
uk@milon.com
+44 800 285 1340

(주)밀론코리아

서울시 강남구 테헤란로 142 캐피탈타워 B1
B1, Capital Tower, 142, Teheran-ro, Gangnam-gu, Seoul, Korea

부산시 연제구 월드컵대로 160, 547호
#547, 160, World cup-daero, Yeonje-gu, Busan, Korea

Tel: 서울_02 6272 6100 부산_051 506 6078
E-mail: info@milon.co.kr
Web: milon.co.kr