



pulse
fitness

Global





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Jimmy Andrew
Global Sales Director



Phill Griffin
Global Sales Manager

Our mission is to improve health, fitness, wellness and lifestyle by providing leisure operators with a bespoke portfolio of pioneering commercial equipment and added value leisure solutions from one leading supplier. For more than 30 years Pulse has been and still is a leading global provider of commercial fitness equipment. We are proud of our British Heritage and our unique ability to be the only fitness manufacturer in the UK to research, design, develop, install and service our own world-class fitness equipment portfolio in-house. We expertly create innovative solutions and

stylish environments that inspire, engage, inform, entertain and motivate users of all ages and abilities. Continually keeping our equipment one step ahead through constant research and development, our in-house design team responds rapidly to market changes to bring you technologically advanced, ergonomic, inclusive and environmentally friendly solutions, with truly outstanding performance and style. Our showcase of products and solutions we believe will inspire leisure operators to pledge a commitment to join us in creating a healthier future.





CARDIO EQUIPMENT



Sustainable and self-powered with an integrated 7" motivational display screen - Series 1 products eliminate power offering you, the operator, significant savings on energy and infrastructure costs. High quality and robust, with the option for connectivity to PulseMove (Pulse's virtual trainer technology).



Series 2 comes complete with a 10.1" console providing sustainable self-powered, wire free entertainment and motivational workout programs. Choose from self-powered Freeview or wireless TV, plus a range of extras which include smartphone connectivity, additional 18.5" TV screen, PulseMove (Pulse's virtual trainer technology) and E-scape virtual training video workouts.



Designed to push the boundaries of the user's workout through an operating system that is tuned specifically to their needs, Series 3 comes complete with an 18.5" android HD ready touch screen console ensuring that the very best entertainment and most engaging workout modes are possible at their fingertips.



- SPACE EFFICIENT DESIGN
- ERGONOMIC HANDLEBARS
- PEDAL GEOMETRY
- SHOCK ABSORBING
- DISPLAY-VARIANTS: BASIC, ENTERTAINMENT, COMFORT

Product Details	Series I	Series II	Series III
Display Size	7"	10"	18.5"
Display	TFT	TFT	Touch
Quick Controls	-	•	•
Generator	•	•	-
40 Resistance Levels	•	•	•
Smart Center Compatible	◇	◇	◇
Goals: Distance, Time, Calories	•	•	•
Variable Pacer Function	•	•	•
Variable Profil Program (Hill, Aerobics, etc.)	•	•	•
Heart Rate Program	•	•	•
Endurance Test	•	•	•
E-Scape	-	◇	•
SPM	•	•	•
Calorie Consumption	•	•	•
Watt	•	•	•
Heart Rate	•	•	•

• Standard

◇ Optional

- Not Included



Length	114 cm	Width	73 cm	Max. User Weight	160 kg
Height	176 cm	Weight	109 kg		



- ERGONOMIC RIDING POSITION
- ERGONOMIC HANDLEBARS
- CONTOURED SEAT DESIGN
- UNIQUE PEDAL DESIGN
- DISPLAY-VARIANTS: BASIC, ENTERTAINMENT, COMFORT

Product Details	Series I	Series II	Series III
Display Size	7"	10"	18.5"
Display	TFT	TFT	Touch
Quick Controls	-	•	•
Generator	•	•	-
40 Resistance Levels	•	•	•
Smart Center Compatible	◇	◇	◇
Goals: Distance, Time, Calories	•	•	•
Variable Pacer Function	•	•	•
Variable Profil Program (Hill, Aerobics, etc.)	•	•	•
Heart Rate Program	•	•	•
Endurance Test	•	•	•
E-Scape	-	◇	•
SPM	•	•	•
Calorie Consumption	•	•	•
Watt	•	•	•
Heart Rate	•	•	•

• Standard

◇ Optional

- Not Included



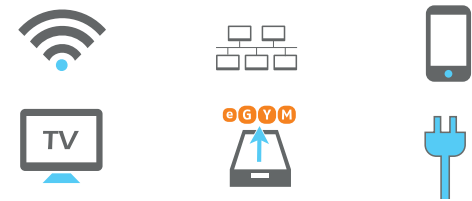
Length	124 cm	Width	61 cm	Max. User Weight	160 kg
Height	147 cm	Weight	95 kg		



- ERGONOMIC HANDLEBARS
- CONTOURED SEAT & ANGLED BACKREST
- SKI - BOOT PEDALS
- ACCESSIBILITY – STEP THROUGH DESIGN
- DISPLAY-VARIANTS: BASIC, ENTERTAINMENT, COMFORT

Product Details	Series I	Series II	Series III
Display Size	7"	10"	18.5"
Display	TFT	TFT	Touch
Quick Controls	-	•	•
Generator	•	•	-
40 Resistance Levels	•	•	•
Smart Center Compatible	◇	◇	◇
Goals: Distance, Time, Calories	•	•	•
Variable Pacer Function	•	•	•
Variable Profil Program (Hill, Aerobics, etc.)	•	•	•
Heart Rate Program	•	•	•
Endurance Test	•	•	•
E-Scape	-	◇	•
SPM	•	•	•
Calorie Consumption	•	•	•
Watt	•	•	•
Heart Rate	•	•	•

• Standard ◇ Optional - Not Included



Length	168 cm	Width	69 cm	Max. User Weight	160 kg
Height	121 cm	Weight	110 kg		



- ERGONOMIC DESIGN
- QUICK CONTROLS
- SPEED, PERFORMANCE & DURABILITY
- LOW IMPACT RUNNING DECK
- DISPLAY-VARIANTS: BASIC, ENTERTAINMENT, COMFORT

Product Details	Series I	Series II	Series III
Display Size	7"	10"	18.5"
Display	TFT	TFT	Touch
Quick Controls	-	•	•
Generator	•	•	-
40 Resistance Levels	•	•	•
Smart Center Compatible	◇	◇	◇
Goals: Distance, Time, Calories	•	•	•
Variable Pacer Function	•	•	•
Variable Profil Program (Hill, Aerobics, etc.)	•	•	•
Heart Rate Program	•	•	•
Endurance Test	•	•	•
E-Scape	-	◇	•
SPM	•	•	•
Calorie Consumption	•	•	•
Watt	•	•	•
Heart Rate	•	•	•

• Standard ◇ Optional - Not Included



Length	214 cm	Width	88 cm	Max. User Weight	160 kg
Height	160 cm	Weight	249 kg		



- EXERCISE INTENSITY
- UNIQUE LATERAL MOVEMENT
- MULTIPLE WORKOUT POSITIONS
- SPACE EFFICIENT DESIGN
- DISPLAY-VARIANTS: BASIC, ENTERTAINMENT, COMFORT

Product Details	Series I	Series II	Series III
Display Size	7"	10"	18.5"
Display	TFT	TFT	Touch
Quick Controls	-	•	•
Generator	•	•	-
40 Resistance Levels	•	•	•
Smart Center Compatible	◇	◇	◇
Goals: Distance, Time, Calories	•	•	•
Variable Pacer Function	•	•	•
Variable Profil Program (Hill, Aerobics, etc.)	•	•	•
Heart Rate Program	•	•	•
Endurance Test	•	•	•
E-Scape	-	◇	•
SPM	•	•	•
Calorie Consumption	•	•	•
Watt	•	•	•
Heart Rate	•	•	•

• Standard

◇ Optional

- Not Included



Length	109 cm	Width	124 cm	Max. User Weight	160 kg
Height	159 cm	Weight	159 kg		



- Variable Griffpositionen mit Pulssensoren
- Große Trittschalen für alle Körpergrößen
- Zwei Pedal-Varianten: Bungee & Fixed
- Ruhiger und flüssiger Bewegungsablauf für maximalen Komfort.
- Display-Varianten: Basic, Entertainment, Comfort

Product Details	Series I	Series II	Series III
Display Size	7"	10"	18.5"
Display	TFT	TFT	Touch
Quick Controls	-	•	•
Generator	•	•	-
40 Resistance Levels	•	•	•
Smart Center Compatible	◇	◇	◇
Goals: Distance, Time, Calories	•	•	•
Variable Pacer Function	•	•	•
Variable Profil Program (Hill, Aerobics, etc.)	•	•	•
Heart Rate Program	•	•	•
Endurance Test	•	•	•
E-Scape	-	◇	•
SPM	•	•	•
Calorie Consumption	•	•	•
Watt	•	•	•
Heart Rate	•	•	•

• Standard

◇ Optional

- Not Included



Length	227 cm	Width	75 cm	Max. User Weight	160 kg
Height	161 cm	Weight	179 kg		





STRENGTH EQUIPMENT

SHOULDER PRESS 305HDS

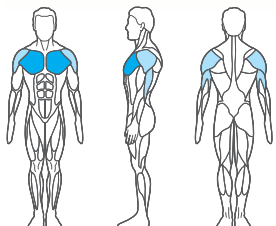
SHOULDER PRESS DUAL 308HDS



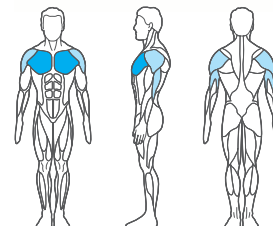
Length	166 cm	Width	128 cm	Max. User Weight	195 kg
Height	135 cm	Weight	306 kg		



Length	166 cm	Width	128 cm	Max. User Weight	195 kg
Height	135 cm	Weight	306 kg		



Length	158 cm	Width	127 cm	Max. User Weight	195 kg	
Height	182 cm	Weight	300 kg			



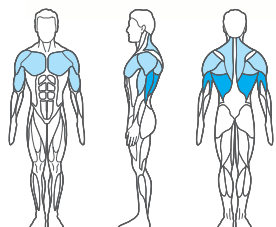
Length	158 cm	Width	127 cm	Max. User Weight	195 kg	
Height	182 cm	Weight	300 kg			



Length	144 cm	Width	112 cm	Max. User Weight	195 kg
Height	182 cm	Weight	300 kg		



Length	144 cm	Width	112 cm	Max. User Weight	195 kg
Height	182 cm	Weight	300 kg		



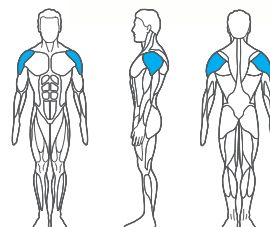








Length	135 cm	Width	139 cm	Max. User Weight	195 kg
Height	213 cm	Weight	291 kg		





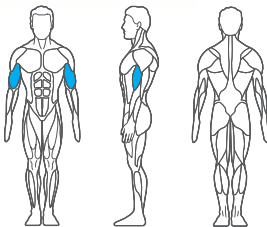
Length	126 cm	Width	131 cm	Max. User Weight	195 kg
Height	135 cm	Weight	250 kg		

ARM CURL 365HDS

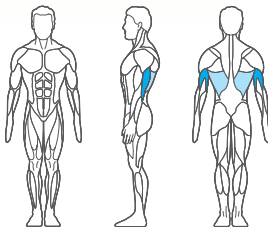
TRICEP PRESS 370HDS

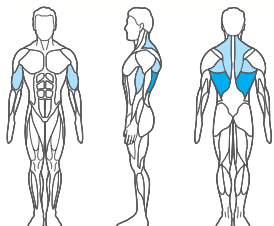


Length	130 cm	Width	99 cm	Max. User Weight	195 kg
Height	135 cm	Weight	246 kg		

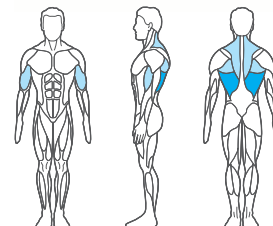


Length	128 cm	Width	129 cm	Max. User Weight	195 kg
Height	139 cm	Weight	286 kg		





Length	145 cm	Width	116 cm	Max. User Weight	195 kg	
Height	230 cm	Weight	295 kg			



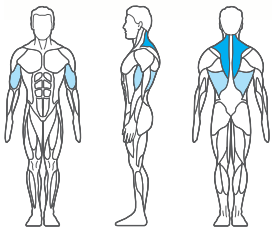
Length	157 cm	Width	107 cm	Max. User Weight	195 kg	
Height	185 cm	Weight	300 kg			



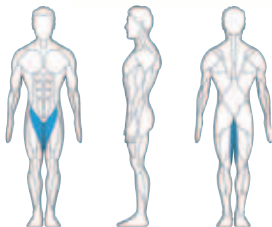
Length	223 cm	Width	86 cm	Max. User Weight	195 kg				
Height	195 cm	Weight	289 kg						



Length	156 cm	Width	121 cm	Max. User Weight	195 kg				
Height	174 cm	Weight	296 kg						



Length	156 cm	Width	121 cm	Max. User Weight	195 kg	
Height	174 cm	Weight	296 kg			



Length	157 cm	Width	86 cm	Max. User Weight	195 kg	
Height	135 cm	Weight	289 kg			



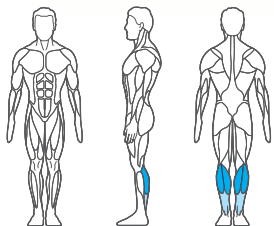
Length	157 cm	Width	86 cm	Max. User Weight	195 kg
Height	135 cm	Weight	289 kg		



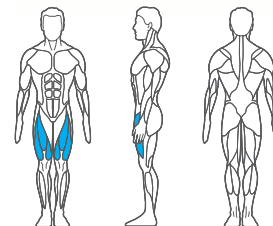


Length	137 cm	Width	118 cm	Max. User Weight	195 kg
Height	171 cm	Weight	289 kg		





Length	129 cm	Width	107 cm	Max. User Weight	195 kg	
Height	150 cm	Weight	251 kg			



Length	142 cm	Width	110 cm	Max. User Weight	195 kg	
Height	135 cm	Weight	286 kg			

SEATED LEG CURL 562HDS

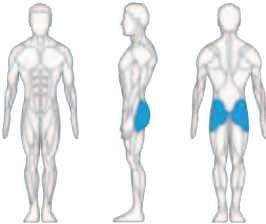
LYING LEG CURL 565HDS



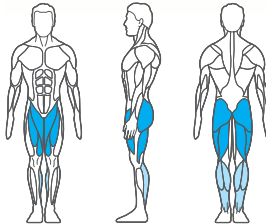
Length	145 cm	Width	110 cm	Max. User Weight	195 kg				
Height	135 cm	Weight	295 kg						



Length	148 cm	Width	97 cm	Max. User Weight	195 kg				
Height	135 cm	Weight	285 kg						



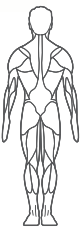
Length	131 cm	Width	102 cm	Max. User Weight	195 kg	
Height	168 cm	Weight	289 kg			



Length	107 cm	Width	210 cm	Max. User Weight	195 kg	
Height	168 cm	Weight	468 kg			



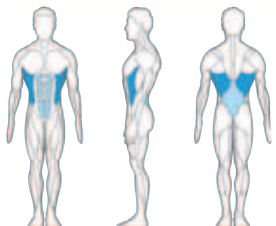
Length	120 cm	Width	107 cm	Max. User Weight	195 kg
Height	135 cm	Weight	266 kg		





Length	120 cm	Width	100 cm	Max. User Weight	195 kg
Height	135 cm	Weight	266 kg		





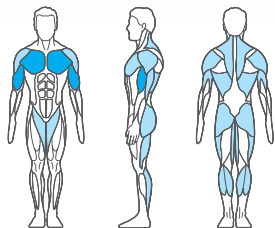
Length	126 cm	Width	120 cm	Max. User Weight	195 kg	
Height	219 cm	Weight	289 kg			



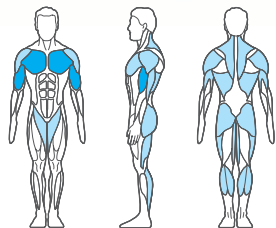
Length	164 cm	Width	77 cm	Max. User Weight	195 kg	
Height	156 cm	Weight	70 kg			

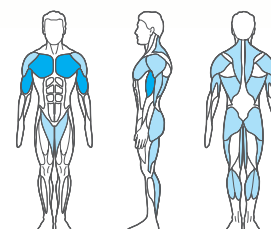


Length	65 cm	Width	97 cm
Height	242 cm	Weight	289 kg



Length	378 cm	Width	86 cm
Height	232 cm	Weight	602 kg



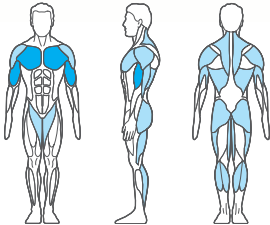


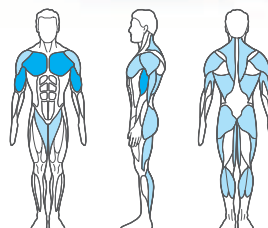
Length	254 cm	Width	83 cm
Height	232 cm	Weight	598 kg

FOUR STATION 904HDS



Length	381 cm	Width	127 cm
Height	226 cm	Weight	600 kg





Length	493 cm	Width	376 cm
Height	226 cm	Weight	1230 kg





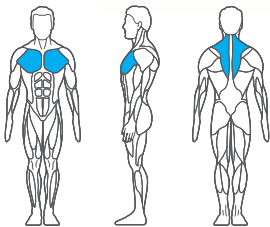
STRENGTH EQUIPMENT DUAL USE



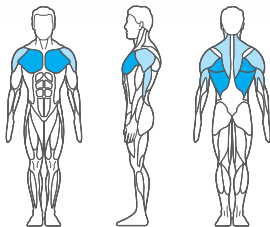
Length	169 cm	Width	131 cm	Max. User Weight	180 kg			
Height	158 cm	Weight	143 kg					



Length	188 cm	Width	122 cm	Max. User Weight	180 kg			
Height	226 cm	Weight	148 kg					



Length	137 cm	Width	151 cm	Max. User Weight	180 kg	
Height	195 cm	Weight	157 kg			



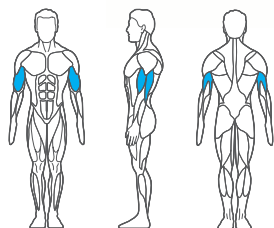
Length	117 cm	Width	155 cm	Max. User Weight	180 kg	
Height	220 cm	Weight	153 kg			



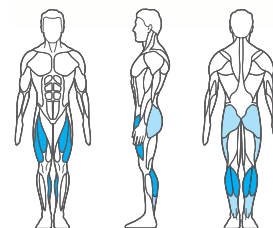
	Length	169 cm	Width	131 cm	Max. User Weight	180 kg	
	Height	158 cm	Weight	143 kg			



	Length	188 cm	Width	122 cm	Max. User Weight	180 kg	
	Height	226 cm	Weight	148 kg			



Length	137 cm	Width	151 cm	Max. User Weight	180 kg	
Height	195 cm	Weight	157 kg			



Length	117 cm	Width	155 cm	Max. User Weight	180 kg	
Height	220 cm	Weight	153 kg			



	Length	169 cm	Width	131 cm	Max. User Weight	180 kg	
	Height	158 cm	Weight	143 kg			



	Length	188 cm	Width	122 cm	Max. User Weight	180 kg	
	Height	226 cm	Weight	148 kg			







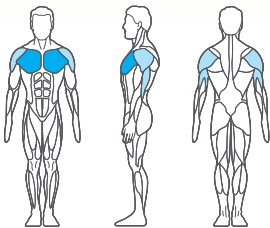
UK PLATE LOADED

CHEST PRESS SL1001

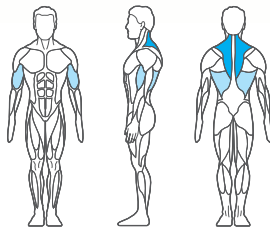
SEATED ROW SL1002

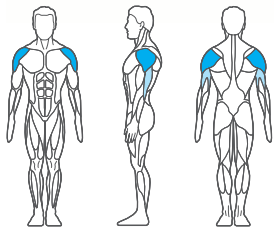


Length	157 cm	Width	86 cm	Max. User Weight	195 kg
Height	135 cm	Weight	289 kg		

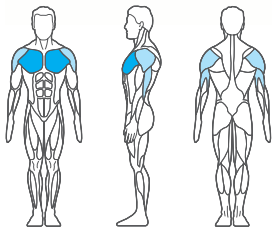


Length	137 cm	Width	118 cm	Max. User Weight	195 kg
Height	171 cm	Weight	289 kg		





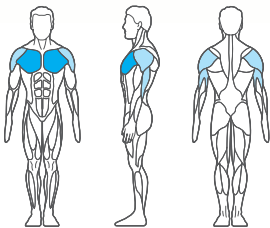
Length	129 cm	Width	107 cm	Max. User Weight	195 kg
Height	150 cm	Weight	251 kg		



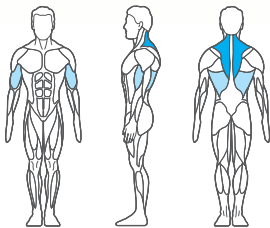
Length	142 cm	Width	110 cm	Max. User Weight	195 kg
Height	135 cm	Weight	286 kg		

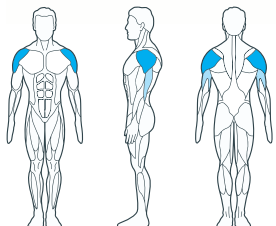


Length	157 cm	Width	86 cm	Max. User Weight	195 kg
Height	135 cm	Weight	289 kg		

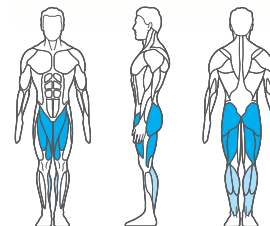


Length	137 cm	Width	118 cm	Max. User Weight	195 kg
Height	171 cm	Weight	289 kg		





Length	129 cm	Width	107 cm	Max. User Weight	195 kg
Height	150 cm	Weight	251 kg		



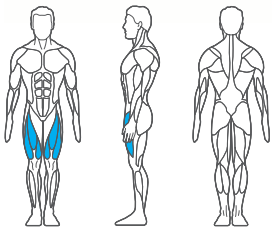
Length	142 cm	Width	110 cm	Max. User Weight	195 kg
Height	135 cm	Weight	286 kg		



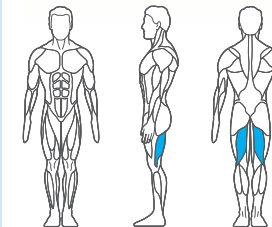
Length	157 cm	Width	86 cm	Max. User Weight	195 kg			
Height	135 cm	Weight	289 kg					



Length	137 cm	Width	118 cm	Max. User Weight	195 kg			
Height	171 cm	Weight	289 kg					

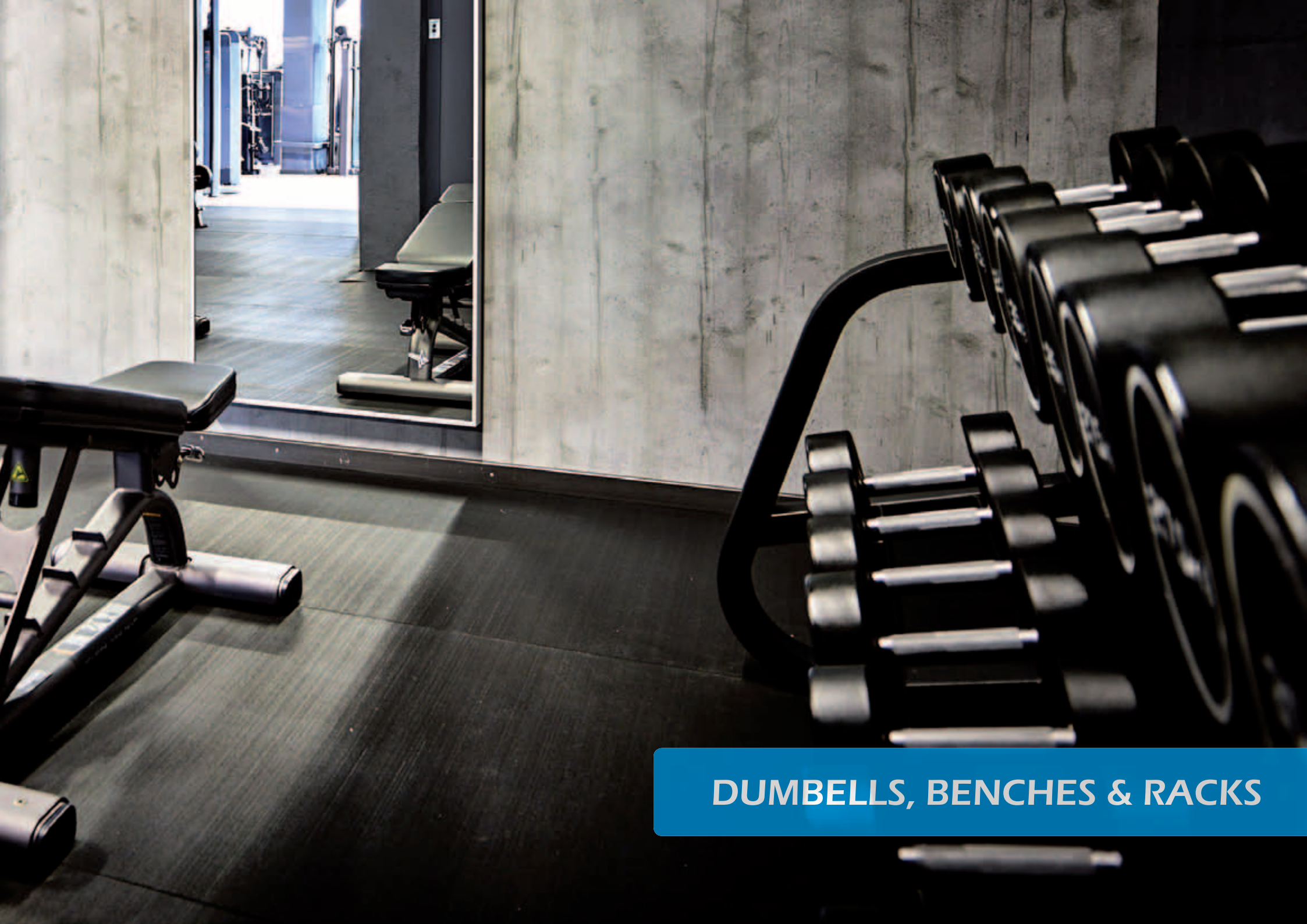


Length	129 cm	Width	107 cm	Max. User Weight	195 kg
Height	150 cm	Weight	251 kg		



Length	142 cm	Width	110 cm	Max. User Weight	195 kg
Height	135 cm	Weight	286 kg		





DUMBELLS, BENCHES & RACKS

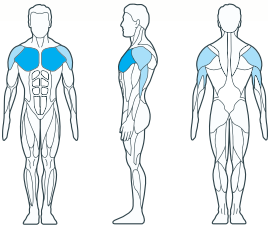
OLYMPIC HORIZONTAL BENCH PRESS 820HDS

OLYMPIC INCLINE BENCH PRESS 830HDS



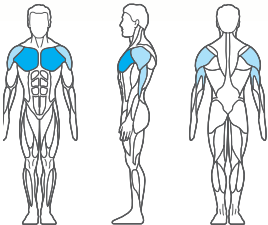
Without bars and weights

Length	195 cm	Width	161 cm	Max. User Weight	195 kg	
Height	112 cm	Weight	75 kg			



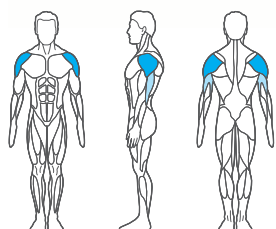
Without bars and weights

Length	180 cm	Width	161 cm	Max. User Weight	195 kg	
Height	126 cm	Weight	79 kg			





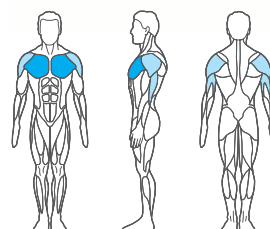
Without bars and weights



Length	147 cm	Width	161 cm	Max. User Weight	195 kg	
Height	158 cm	Weight	86 kg			



Without bars and weights



Length	190 cm	Width	161 cm	Max. User Weight	195 kg	
Height	106 cm	Weight	81 kg			



Without bars and weights

Length	182 cm	Width	161 cm	Max. User Weight	195 kg
Height	214 cm	Weight	132 kg		



Without bars and weights

Length	118 cm	Width	227 cm	Max. User Weight	195 kg
Height	237 cm	Weight	140 kg		





Length	168 cm	Width	53 cm	Max. User Weight	195 kg
Height	85 cm	Weight	306 kg		





Length	141 cm	Width	104 cm	Max. User Weight	195 kg
Height	87 cm	Weight	47 kg		

HORIZONTAL BENCH 730HDS



Length	141 cm	Width	53 cm	Max. User Weight	195 kg
Height	43 cm	Weight	23 kg		

ADJUSTABLE INCLINE BENCH 751HDS



						
Length	125 cm	Width	53 cm	Max.	User Weight	195 kg
Height	49 cm	Weight	35 kg			



Without bars and weights



Length	93 cm	Width	87 cm	Max. User Weight	195 kg
Height	101 cm	Weight	51 kg		

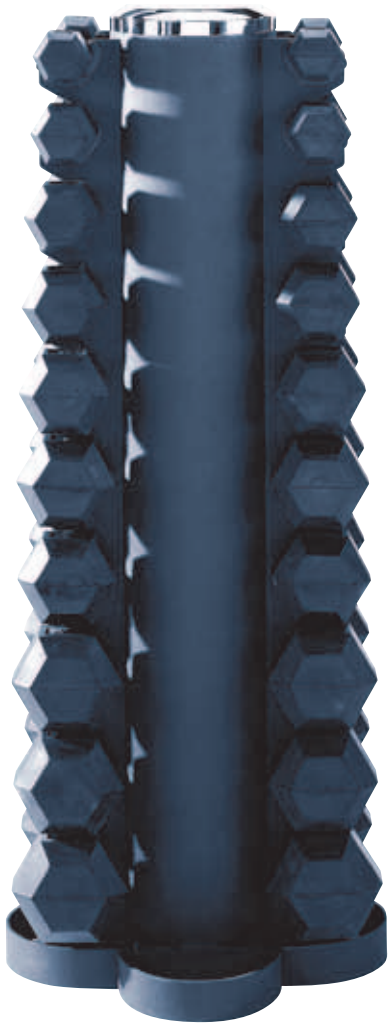




Length	88 cm	Width	53 cm	Max. User Weight	195 kg
Height	96 cm	Weight	29 kg		



Length	49 cm	Width	44 cm
Height	122 cm	Weight	135 kg



Length	49 cm	Width	44 cm
Height	122 cm	Weight	135 kg



Length	209 cm	Width	66 cm
Height	93 cm	Weight	385 kg

Length	209 cm	Width	66 cm
Height	93 cm	Weight	880 kg



Inklusive Gewichtsstangen & Gewichte

Length	94 cm	Width	94 cm
Height	93 cm	Weight	255 kg



2x 1.25kg, 2x 2.5kg, 4x 5kg, 2x 10kg, 2x 15kg, 2x 20kg
(without bar)



2x 1.25kg, 2x 2.5kg, 4x 5kg, 2x 10kg, 2x 15kg, 2x 20kg
(incl. Olympic Bar)



Length	85 cm	Width	54 cm
Height	126 cm	Weight	25 kg

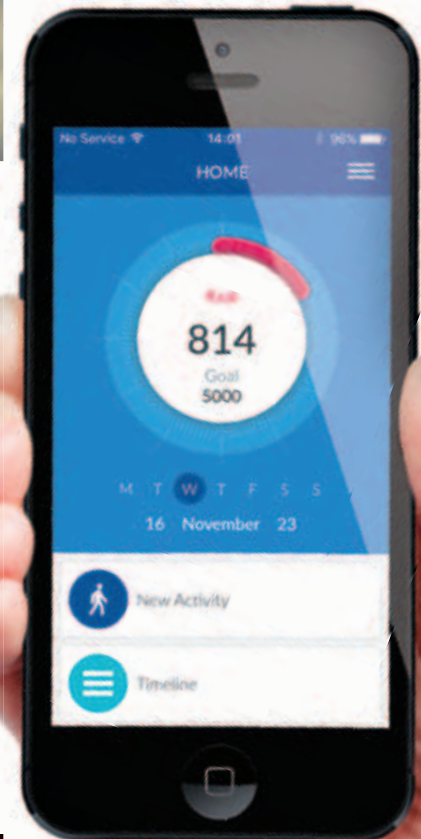


PULSEMOVE TRACKER

A seamless digital tracker, keeping you and your members connected.

PULSEMOVE comes with a free app that your members can download and use to track their fitness progress both inside and outside of the gym.

The app includes a QR code reader that allows your members to scan the codes on your Pulse Fitness equipment and record their results and achievements.



PULSEMOVE OVERVIEW

The only software solution that provides fitness tracking in its totality for the member and operator.

PulseMove is a seamless digital fitness tracker solution which connects member's fitness everywhere.

Members can track workouts, share progress and be motivated to achieve fitness goals internal and external to the gym environment

Additionally the intuitive software helps operators to build meaningful relationships with members by delivering valuable insight for greater efficiency and profitability.







Trixter VR offers a totally immersive 360 ° interactive cycling experience. It combines exercise with virtual worlds and modern game technology. The real-feel features and animations replicate a realistic outdoor cycling experience, indoors.

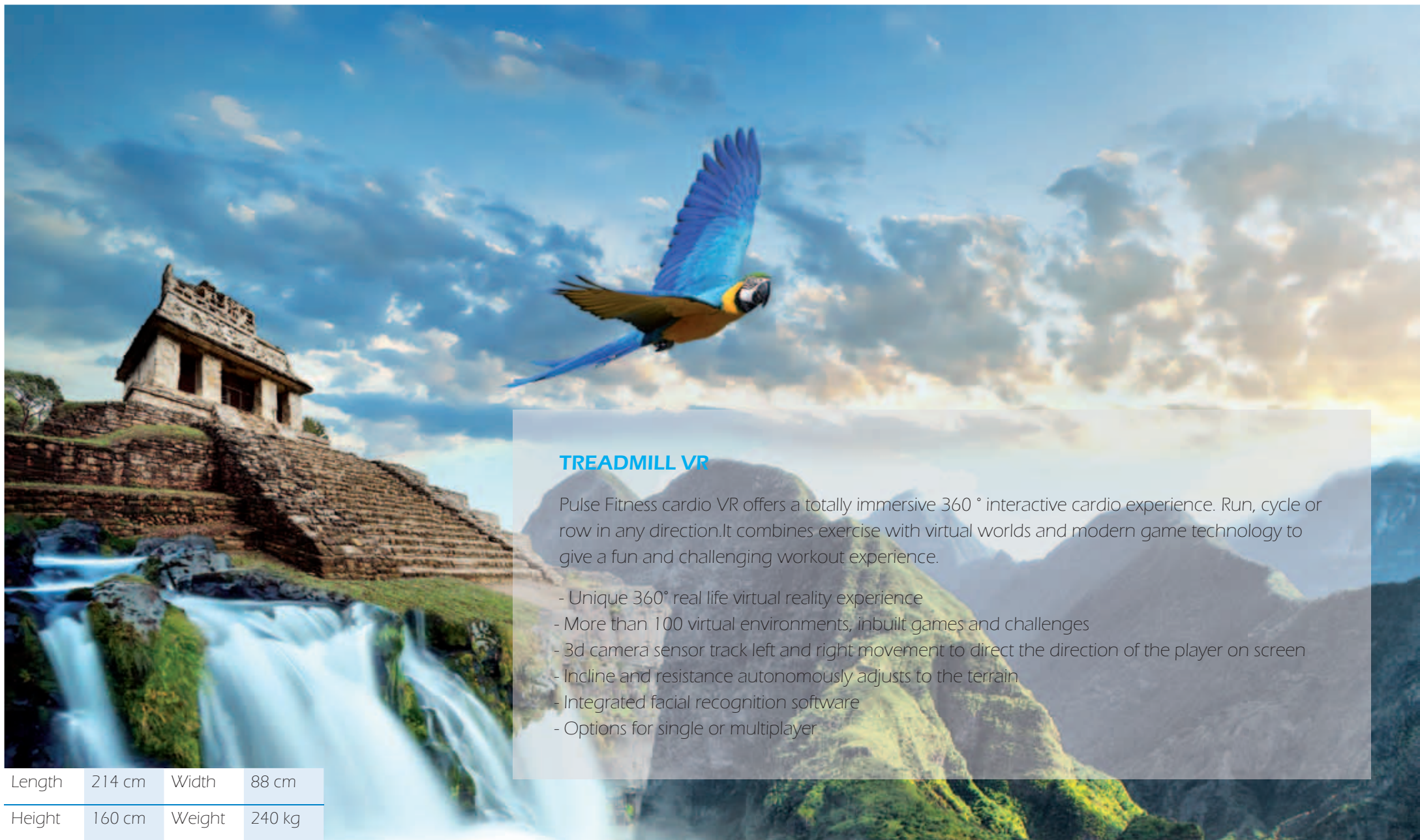
TECHNOLOGY

As the world's first fitness equipment to log performance via facial recognition software, the Trixter VR is leading the way in virtual fitness. By combining sophisticated gaming technology with exercise programmes, it offers seamless virtual environments.

MOTIVATION

Users can experience a wide range of interactive game modes to challenge and motivate them whilst progressing through the level system. Real-time simulation and live performance feedback keeps users engaged and the Trixter VR comes complete with single and multiplayer options. Users can beat their personal best or compete against other users' results.

Length	131 cm	Width	72 cm
Height	145 cm	Weight	81 kg



TREADMILL VR

Pulse Fitness cardio VR offers a totally immersive 360 ° interactive cardio experience. Run, cycle or row in any direction. It combines exercise with virtual worlds and modern game technology to give a fun and challenging workout experience.

- Unique 360° real life virtual reality experience
- More than 100 virtual environments, inbuilt games and challenges
- 3d camera sensor track left and right movement to direct the direction of the player on screen
- Incline and resistance autonomously adjusts to the terrain
- Integrated facial recognition software
- Options for single or multiplayer

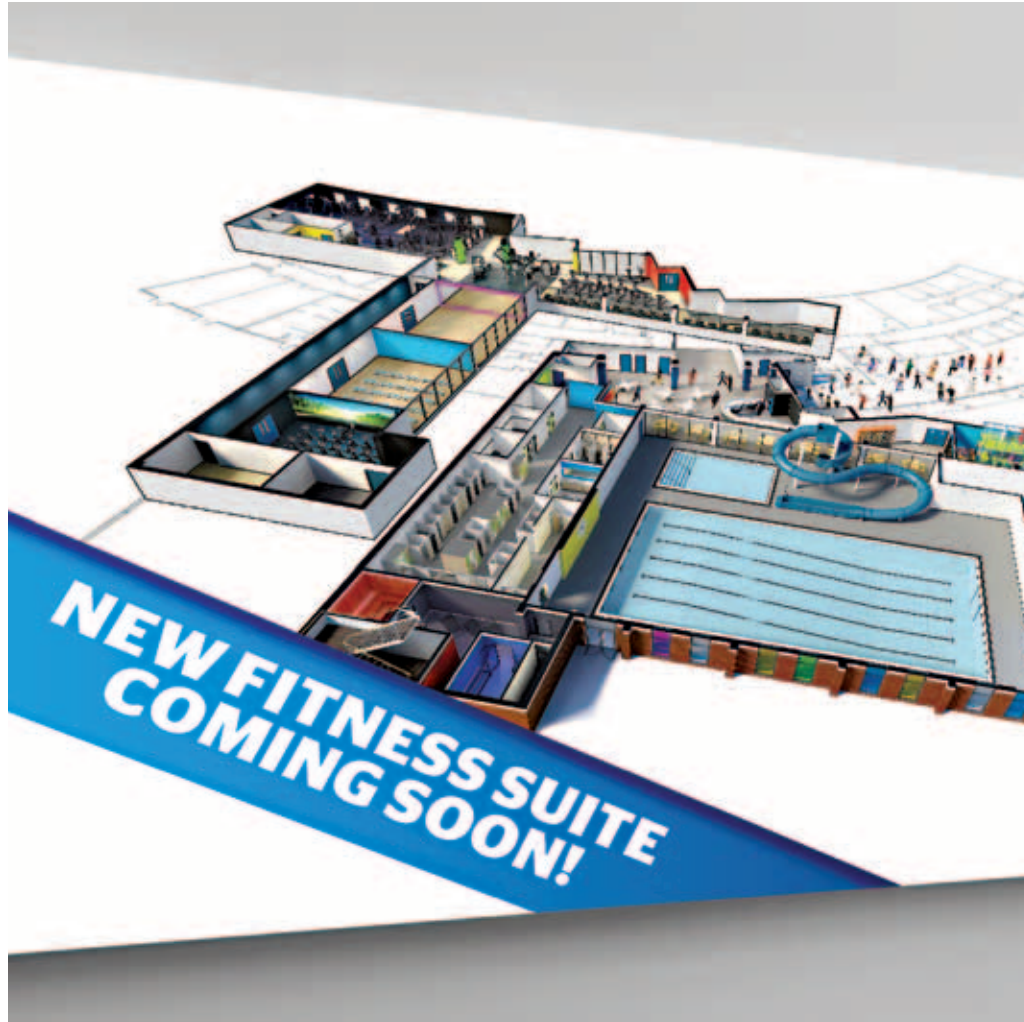
Length	214 cm	Width	88 cm
Height	160 cm	Weight	240 kg







DESIGN & SERVICE



UNRIVALLED SERVICE PROMISE

All Pulse products include comprehensive warranties, with preventative maintenance and service packages and a matchless fix or replace policy. Our routine and preventative maintenance programmes include parts and labour, emergency call-outs and scheduled servicing



PULSE EMPLOYS UK WIDE ENGINEERS

Pulse is the only fitness company that solely employs its own team of service engineers, who cover the whole of the UK in our fleet of 'quick response' and well-stocked 'tracked' vehicles, ensuring minimum downtime for our customers.

**DEDICATED SUPPORT**

We support you every step of the way with everything from free maintenance training to comprehensive warranties and extended warranties to ensure your fitness equipment is always working to your customer's satisfaction. We have a spare parts

inventory of in excess of 2,500 items ranging over 3 decades of product development, so rest assured regardless of the age of the Pulse fitness equipment we can confidently and easily repair the item. Our product credibility and durability is truly unsurpassed with operators still using our products 25 years on!

This image shows a blank sheet of white paper with horizontal blue lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible][illegible]



Pulse Fitness
Radnor Park
Black Lane
Congelton
Cheshire CW12 4YA

T: +44 (0) 1260 294 610
F: +44 (0) 1260 299282
E: info@pulsefitness.com

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